

MAY 2025



POOL SCHEDULE

South County YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap & Leisure 5:00-8:55am Lap(4) Leisure(1)	Lap & Leisure 5:00-8:30am Lap(4) Leisure(1)	Lap & Leisure 5:00-8:55am Lap(4) Leisure(1)	Lap & Leisure 5:00-8:30am Lap(4) Leisure(1)	Lap & Leisure 5:00-8:55am Lap(4) Leisure(1)	Lap & Leisure 6:00-8:45am Lap(4) Leisure(1)	Lap & Leisure 6:00-9:00am Lap(4) Leisure(1)
Deep End 9:00-9:50am	Lap 8:30-10:00am Lap (1)	Deep End 9:00-9:50am	Lap 8:30-10:00am Lap (1)	Lap & Leisure 8:55-10:00am Lap(4) Leisure(1)	Swim Lessons 9:00am-12:00pm (4 Lanes)	Masters Swim 9:00am-12:00pm (All Lanes)
Aqua Dance 9:00-9:50am	Deep Water X 8:30-9:15 Shallow Water X 9:15-10:00	Aqua Dance 9:00-9:50am	Deep Water X 8:30-9:15 Shallow Water X 9:15-10:00	Lap & Leisure 10:00am-3:30pm Lap(3) Leisure(2)	Lap 9:00am-12:00pm (1 Lanes)	
Lap & Leisure 10:00am-3:30pm Lap(3) Leisure(2)	Lap & Leisure 10:00am-3:30pm Lap(3) Leisure(2) SCY Preschool 10:00am-11:00am	Lap & Leisure 10:00am-3:30pm Lap(3) Leisure(2)	Lap & Leisure 10:00am-3:30pm Lap(3) Leisure(2) Pool Rental 11:00am-12:00pm (2 Lanes during rental)	Lap & Leisure 10:00am-3:30pm Lap(3) Leisure(2) SCY Preschool 10:00am-11:00am	Family Swim 12:00-2:45pm (3 Lanes)	Lap Swim 12:00-2:45pm (2 Lanes)
Swim Team 3:30-5:00pm (All Lanes)	Swim Team 3:30-4:30pm (All Lanes)	Swim Team 3:30-5:00pm (All Lanes)	Swim Team 3:30-4:00pm (All Lanes)	Swim Team 3:30-4:30pm (3 Lanes)		
Swim Team 5:00-7:00pm (3 Lanes)	Swim Team 4:30-6:00pm (3 Lanes)	Swim Team 5:00-7:00pm (3 Lanes)	Swim Team 4:00-6:00pm (3 Lanes)	Swim Team 4:30-6:00pm (2 Lanes)	Swim Lessons 4:30-7:20pm (2 Lanes)	
Swim Lessons 5:05-7:20pm (2 Lanes)	Swim Lessons 4:45-5:50pm (2 Lanes)	Swim Lessons 5:05-7:20pm (2 Lanes)	Swim Lessons 5:05-7:20pm (2 Lanes)	Swim Lessons 4:00-6:00pm (2 Lanes)		
Family Swim 5:00-8:00pm (3 Lanes)	Lap & Leisure 7:20-8:00pm (2 Lanes)	Family Swim 7:00-8:00pm (3 Lanes)	Lap & Leisure 7:20-8:00pm (2 Lanes)	Family Swim 6:00-7:00pm (3 Lanes)		
Masters Swim 6:00-8:30pm (All Lanes)	Masters Swim 6:00-8:30pm (All Lanes)	Masters Swim 6:00-8:30pm (All Lanes)	Masters Swim 6:00-8:30pm (All Lanes)	Masters Swim 6:00-8:30pm (All Lanes)		

» **SCHEDULE ADJUSTMENT**
Sunday, May 25th 9:00AM-12:00PM
 There will be a slight lane adjustment;

- Family Swim (3 Lanes) Lap (2 Lanes)

» **SWIM LESSONS**
 Swim lessons are BACK! Register online today!
 PLEASE NOTE: Leisure & Family swim lanes may be adjusted to accommodate private lessons.

» **AQUA DANCE**
 Registration is required for this class

» **POOL PARTIES**
 In the event Birthday Party, Saturday Family Swim hours may be adjusted.