



Fall II 2024 Aquatics Schedule November 3rd- December 21st

Cranston YMCA
Updated 11/5/2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Lap Swim 6 Lanes 5-9 am	Adult Lap Swim 6 Lanes 5-8:45 am	Adult Lap Swim 6 Lanes 5-8:45 am	Adult Lap Swim 6 Lanes 5-8:45 am	Adult Lap Swim 6 Lanes 5-9 am	Adult Lap Swim 6 Lanes 6-7 am	Adult Lap Swim 6 Lanes 6-7 am
Lap Swim 5 Lanes 9-1pm	Water Fitness Full Pool 9-10am	Water Fitness Full Pool 9-10am	Water Fitness Full Pool 9-10am	Lap Swim 5 Lanes 9-1pm	Lap Swim 5 Lanes 7-8am	Lap Swim 5 Lanes 7-8am
Lap Swim 3 Lanes 1-3:30pm	Lap Swim 3 Lanes 1-3:30pm	Lap Swim 3 Lanes 11am-3:30pm	Lap Swim 3 Lanes 1-3:30pm	Lap Swim 3 Lanes 1-3:30pm	Swim Lessons 8am-12:45pm	Swim Lessons 8am-12:45pm
Family Swim 3 Lanes 1-4pm	Family Swim 3 Lanes 11am-4pm	Family Swim 3 Lanes 11am-4pm	Family Swim 3 Lanes 1-4pm	Family Swim 3 Lanes 1-4pm	Lap Swim 3 Lanes 1-2pm	Family Swim 3 Lanes 1-2pm
Rental 3 Lanes 3:30-4:30pm	Rental 3 Lanes 3:30-4:30pm	Rental 3 Lanes 3:30-4:30pm	Rental 3 Lanes 3:30-4:30pm	Rental 3 Lanes 3:30-4:30pm	OST 3 Lanes 4-5pm	
Lap Swim 3 Lanes 4:30-5:30pm	Lap Swim 3 Lanes 4:30-6:30pm	Lap Swim 3 Lanes 4:30-5:30pm	Lap Swim 3 Lanes 4:30-5:30pm	Lap Swim 3 Lanes 4:30-5:30pm	Swim Lessons 3 Lanes 4-6:30pm	Swim Lessons 3 Lanes 4-6:30pm
Mini Marlins 3 Lanes 5:30-6:30pm	Mini Marlins 3 Lanes 5:30-6:30pm	Mini Marlins 3 Lanes 5:30-6:30pm	Mini Marlins 3 Lanes 5:30-6:30pm	Mini Marlins 3 Lanes 5:30-6:30pm	Family Swim 3 Lanes 5-6:30pm	
Marlins Swim Team 6 Lanes 6:30-8pm	Marlins Swim Team 6 Lanes 6:30-8pm	Marlins Swim Team 6 Lanes 6:30-8pm	Marlins Swim Team 6 Lanes 6:30-8pm	Marlins Swim Team 6 Lanes 6:30-8pm	Marlins Swim Team 6 Lanes 2-3:30pm	
Adult Lap Swim 6 Lanes 8-8:45pm	Adult Lap Swim 6 Lanes 8-8:45pm	Adult Lap Swim 6 Lanes 8-8:45pm	Adult Lap Swim 6 Lanes 8-8:45pm	Adult Lap Swim 6 Lanes 8-8:45pm	Marlins Swim Team 6 Lanes 6:30-8pm	

All Swimmers must shower in the Facility before entering the pool
(Saturdays Only) Birthday Party Rentals: 2 Lanes of Family Swim
Kids Night Out: First Friday of Each month Lap Swim Ends at 5:00pm

* Lap Swim hours are circle swim depending on demand.
*Adult Lap Swim is 18+
*Please note that schedule is subject to change due to demand, participation and weather