



**Nov 03 -Dec 21 --Gymnasium Schedule  
401-943-0444 -1225 Park Ave. Cranston, RI**

**CRANSTON YMCA  
Update 10/28/2024**

# **Basketball Court Rules**

- 1. Safety First: Players must warm up before playing and cool down afterward to prevent injuries.**
- 2. Respect Others- Players must respect other players, Staff, and Facility.**
- 3. Follow Rules: Players must follow all posted rules and instructions from staff.**
- 4. Clean-up: Players must clean up and dispose of trash properly.**
- 5. No Food or Drink: No food or drink is allowed on the court except for water**
- 6.No rough play: No rough play or unsportsmanlike conduct is allowed.**
- 7. No profanity: No profanity or disrespectful language is allowed.**
- 8. No smoking or vaping is prohibited in the facility.**
- 9. No weapons: No weapons are allowed in the facility.**
- 10. Report incidents: players must report any incidents or injuries to staff immediately.**
- 11. No inappropriate Music- Please remember to use only one music player on the Cranston YMCA basketball court. All players must agree to use appropriate music.**
- 12. Shirt On and wear sneakers at all times.**



**Nov. 03- Dec. 21 Gymnasium Schedule**  
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**CRANSTON YMCA**  
**Update 10/28/2024**

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**OPEN GYM**  
**6AM - 12PM**

**OPEN GYM**  
**5AM - 3:45PM**

**OPEN GYM**  
**5AM - 3:45PM**

**OPEN GYM**  
**5AM - 3:45PM**

**OPEN GYM**  
**5AM - 3:45PM**

**OPEN GYM**  
**5AM - 3:45pm**

**OPEN GYM**  
**6AM - 8:30AM**

**OST**  
**4PM - 5PM**  
**Half Court**  
**5-6pm**

**OST**  
**4PM -5PM**  
**Half Court**  
**5-6pm**

**OST**  
**4PM -5PM**  
**Half Court**  
**5-6pm**

**OST**  
**4PM -5PM**  
**Half Court**  
**5-6pm**

**OST**  
**4PM -5PM**  
**Half Court**  
**5-6pm**

**Age 7-8**  
**BASKETBALL**  
**9AM - 9:45AM**

**\*Age 9-10**  
**10AM - 10:45AM**

**\*Jr. Celtics Academy**  
**11/11-02/16**  
**10a-10:45a**

**\*Age 11-12**  
**11AM-11:45**

**FUNDAMENTALS BASKETBALL**  
**\*Age 13-14**  
**12PM - 12:45PM**

**REGISTRATION REQUIRED**

**OPEN GYM**  
**1PM - 2:45PM**

**FUNDAMENTALS BASKETBALL**  
**Age 3-5**  
**5:15PM - 5:45PM**  
  
**Age 6-8**  
**6PM - 6:45PM**

**Soccer**  
**\*Age 10-13**  
**5:00-5:45pm**  
  
**Basketball**  
**\*Age 10-13**  
**6:00-6:45pm**

**Soccer**  
**\*Age 3-5**  
**5:15PM - 5:45PM**  
  
**\*Age 6-9**  
**6PM - 6:45PM**

**OPEN GYM**  
**6PM -6:50PM**

**OPEN GYM**  
**5PM -6:50PM**

**Rental East Greenwich basketball**  
**11/4-03/10**  
**6:30pm-9pm**

**Rental Super Fun Act. Club**  
**10/29-12/10**  
**1/7-2/25**  
**7:00P-9PM**

**Rental: Mastery Martial Art**  
**7:15-8:15pm**

**Rental Out-LOUD Sports**  
**9/26-11/14**  
**7:00PM -9:00PM**

**Schedule is subject to change**  
  
**\*Birthday Parties Run on Sat from 1pm-3pm. Court availability may vary.**

**Gym fully closed during Group Ex/OST/Rentals/ Youth Program- Schedule is subject to change ( Cranston closed November 28)**