



July 1-August 31 Gymnasium Schedule
 401-943-0444 -1225 Park Ave. Cranston, RI

CRANSTON YMCA
 Update 7/13/2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN GYM 6AM - 3PM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 5AM - 9AM	OPEN GYM 6AM - 8:30AM
	Race4Chase 9AM - 12PM	Race4Chase 9AM - 12PM	Race4Chase 9AM - 12PM	Race4Chase 9AM - 12PM	Race4Chase 9AM - 12PM	Age 4-7 BASKETBALL 9AM - 9:45AM
Schedule is subject to change *Birthday Parties Run on Sat from 1pm-3pm. Court availability may vary.	OPEN GYM 12:30-4:45PM	OPEN GYM 12:30-5:45PM	OPEN GYM 12:30-4:45PM	OPEN GYM 12:30-4:45PM	Open Gym 12:30PM- 8:50PM	*Age 7-10 10AM - 10:45AM
	FUNDAMENTALS BASKETBALL Age 3-5 5:15PM - 5:45PM	FUNDAMENTALS BASKETBALL *Age 8-14 6PM - 7PM	Age 3-5 SOCCER 5:15PM - 5:45PM	Age 10-13 Soccer 5-6pm		*Age 8-14 11AM-11:45
	Age 5-7 6PM - 6:45PM	OPEN GYM 7:00P-8:50PM	Age 6-9 SOCCER 6PM - 7PM	Age 10-13 Soccer 6-7pm		FUNDAMENTALS BASKETBALL *Age 6-9 12PM - 12:45PM
	Open GYM 7:00pm-8:50pm	OPEN GYM 7PM-8:50PM	GYM Rental 7:00PM -9:00PM			REGISTRATION REQUIRED
						OPEN GYM 1PM - 2:45PM

Gym fully closed during Group Ex/Ost/Rentals/ Youth Program- Schedule is subject to change (Cranston closed July 4th)