

## **South County YMCA Pool Schedule June 2024**

\*Effective June 3rd \*

Monday

Lap (4) /

Leisure (1)

5:00-8:55am

Deep

End

9:00-

9:50am

Lap (4) /

Aqua Dance 9:00-9:50am

Lap (3) / Leisure (2) 10:00-3:30pm

Swim Team 3:30 - 5:00 PM

Swim Team 3 Lanes

5:00-7:00pm

**Family** Swim 7:00-8:00pm

Lap/ Leisure 7:20-8:00pm

Swim

Lessons

2 Lanes

5:05-

7:20pm

Tuesday

Leisure (1) 5:00-8:30am

Deep Water X Lap 8:30-(1)9:15 8:30-10:00 Shallow

Water X 9:15-10:00

Swim Lessons Lap (3)/ 10:30-Leisure 12:00 (2)10:00-3:30

Lap/ Leisure 12:00-3:30

Swim Team 3:30 - 4:30 PM

Swim Swim Lessons Team 4:45-5:50pm 3 Lanes

4:30-

6:00pm

Lap (4)/Leisure (1) 6:00-8:00pm

Wednesday

Lap (4) / Leisure (1) 5:00-8:55am

Deep Aqua End Dance 9:00-9:00-9:50am 9:50am

Lap (3) / Leisure (2) 10:00-3:30pm

Swim Team 3:30 - 5:00 PM

Swim Team Swim 3 Lanes Lessons 2 Lanes 5:00-

7:00pm 7:20pm Family Swim 7:00-

8:00pm

Lap/ Leisure 7:20-8:00pm

5:05-

Thursday

Lap (4) / Leisure (1) 5:00-8:30am

Deep

Water X 8:30-Lap 9:15 (1)8:30-Shallow 10:00 Water X 9:15-10:00

> Lap (3)/ Leisure (2) 10:00-11:00

Lap (1)/ Leisure (2) 11:00-12:00 2 Lap lanes 11:00-12:00

> Lap (3)/ Leisure (2) 12:00-3:30

Swim Team 3:30 - 4:30 PM

Swim Swim Lessons 4:45-Team 5:50pm 3 Lanes 4:30-

Lap (4)/Leisure (1) 6:00-8:00pm

6:00pm

Friday

Lap (4) / Leisure (1) 5:00-8:55am

Deep Aqua End Dance 9:00-9:00-9:50am 9:50am

Family

Swim

3 Lanes

2:00-

3:30 pm

Swim

Lessons 2 Lanes

4:05-

6:20pm

Family

Swim

6:20-

7:00pm

Preschool Lap (3)/ Free Leisure Swim (2) 10:30-10-2pm 11:15

Lap 2 Lanes 2:00-3:30pm

Swim Team 3 Lanes 3:30 -4:30 PM

Swim Team 2 Lanes 4:30-6:00pm Lap 1 Lanes

Lap 2 Lanes 6:30-7:00pm Saturday

Lap (4) / Leisure (1) 6:00 - 8:15am

Swim Lessons 8:15-12:25

Lap 2 Lanes 8:15-12:25

Family Swim 9:00-12:00

Sunday

Lap (4) /

Leisure (1) 6:00 - 9:00am

Family Swim 12:30-2:45pm

In the event of a Birthday Party, Saturday Family Swim Hours will be adjusted.

Aqua Dance: \*Registration Required.