

GYMNASIUM SCHEDULE

Summer 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5	Open Gym 5:00-6:30	Open Gym 5:00-9:30	Open Gym 5:00-6:30	Open Gym 5:00-9:30	Open Gym 5:00-6:30	Open Gym* 7:00-5:00	Adult Open Gym 7:00-10:00	
6	HIIT 6:30-7:30		HIIT 6:30-7:30		HIIT 6:30-7:30		Womens Open Gym 10:00-11:00	
7							Open Gym* 11:00-5:00	
8	Open Gym 8:00-9:30		Open Gym 8:00-9:30		Open Gym 8:00-9:30			
9								
10	Summer Camp 9:30-12:00	Summer Camp 9:30-12:00	Summer Camp 9:30-12:00	Summer Camp 9:30-12:00	Summer Camp 9:30-12:00			
11								
12								
1	Open Gym* 12:00-2:00	Open Gym* 12:00-2:00	Open Gym* 12:00-2	Open Gym* 12:00-200	Open Gym* 11:00-2:00			
2								
3	YMCA Summer Camp Pickup 3:30-4:30							
4								
5								
6	Open Gym* 5:00-7:45	Youth Pickleball 6:00-6:45	Beginner Basketball 5:30-6:15	Open Gym* 5:00-6:30	Open Gym* 5:00-6:30			
7		Open Gym* 7:00-7:45		High School Volleyball Clinic 6:30-8:00				
8			Open Gym* 6:30-7:45					

Building Hours

- Mon - 5am-8pm
- Tue - 5am-8pm
- Wed - 5am-8pm
- Thur - 5am-8pm
- Fri - 5am-6:30pm
- Sat - 7am-5pm
- Sun - 7am-5pm

Gym may be closed due to special events

The Gym may be closed at any time for summer camp