



# South County YMCA Pool Schedule March 2024

\*Effective March 4th, 2024

## Monday

Lap (4) /  
Leisure (1)  
5:00-8:55am

Deep  
End  
9:00-  
9:50am

Aqua  
Dance  
9:00-  
9:50am

Lap (3) /  
Leisure (2)  
10:00-3:30pm

Swim Team  
3:30 - 5:00 PM

Swim  
Team  
3  
Lanes  
5:00-  
7:00pm

Swim  
Lessons  
2 Lanes  
5:05-  
7:20pm

Family  
Swim  
7:00-  
8:00pm

Lap/  
Leisure  
7:20-  
8:00pm

## Tuesday

Lap (4) /  
Leisure (1)  
5:00-8:30am

Lap  
(1)  
8:30-  
10:00

Deep  
Water X  
8:30-  
9:15  
Shallow  
Water X  
9:15-  
10:00

Swim  
Lessons  
10:30-  
12:00

Lap/  
Leisure  
12:00-  
3:30

Lap (3)/  
Leisure  
(2)  
10:00-  
3:30

Swim Team  
3:30 - 4:30 PM

Swim  
Team  
4 Lanes  
4:30-  
6:00pm

Swim  
Lessons  
4:45-  
5:50pm

Masters Swim  
6:00-8:30pm

## Wednesday

Lap (4) /  
Leisure (1)  
5:00-8:55am

Deep  
End  
9:00-  
9:50am

Shallow  
End  
9:00-  
9:50am

Lap (3) /  
Leisure (2)  
10:00-3:30pm

Swim Team  
3:30 - 5:00 PM

Swim  
Team  
3  
Lanes  
5:00-  
7:00pm

Swim  
Lessons  
2 Lanes  
5:05-  
7:20pm

Family  
Swim  
7:00-  
8:00pm

Lap/  
Leisure  
7:20-  
8:00pm

## Thursday

Lap (4) /  
Leisure (1)  
5:00-8:30am

Lap  
(1)  
8:30-  
10:00

Deep  
Water X  
8:30-  
9:15  
Shallow  
Water X  
9:15-  
10:00

Lap (3)/  
Leisure (2)  
10:00-11:00

Lap (1)/  
Leisure (2)  
11:00-12:00

Pool Rental  
(2 Lap lanes)  
11:00-12:00

Lap (3)/  
Leisure (2)  
12:00-3:30

Swim Team  
3:30 - 4:30 PM

Swim  
Team  
3 Lanes  
4:30-  
6:00pm

Swim  
Lessons  
4:45-  
5:50pm

Masters Swim  
6:00-8:30pm

## Friday

Lap (4) /  
Leisure (1)  
5:00-8:55am

Deep  
End  
9:00-  
9:50am

Aqua  
Dance  
9:00-  
9:50am

Lap (3)/  
Leisure  
(2)  
10-2pm

Preschool  
Free  
Swim  
10:30-  
11:15

Lap  
2 Lanes  
2:00-  
3:30pm

Family  
Swim  
3 Lanes  
2:00-  
4:00pm

Swim  
Team  
2 lanes  
3:30 -  
4:30 PM

Swim  
Team  
3 Lanes  
4:30-  
6:30pm

Lap  
2 Lanes  
6:30-  
7:00pm

Family  
Swim  
6:20-  
7:00pm

## Saturday

Lap (4) /  
Leisure (1)  
6:00 - 8:15am

Swim  
Lessons  
8:15-  
12:25

Lap  
2 Lanes  
8:15-  
12:25

Family Swim  
12:30-2:45pm

In the event of a Birthday  
Party, Saturday Family Swim  
Hours will be adjusted.

**Aqua Dance:**  
**\*Registration Required\***  
Due to instructor availability  
there will be no Aqua Dance  
Class on Wednesdays in  
March.

## Sunday

Lap (4) /  
Leisure (1)  
6:00 - 9:00am

Masters Swim  
9:00-12:00



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Leisure (2)  
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Swim Team  
3:30 - 5:00 PM

Swim  
Team  
3 Lanes  
5:00-  
7:00pm

Swim  
Lessons  
2 Lanes  
5:05-  
7:20pm

Family  
Swim  
7:00-  
8:00pm

Lap/  
Leisure  
7:20-  
8:00pm

## Tuesday

Lap (4) /  
Leisure (1)  
5:00-8:30am

Lap  
(1)  
8:30-  
10:00

Deep  
Water X  
8:30-  
9:15

Shallow  
Water X  
9:15-  
10:00

Swim  
Lessons  
10:30-  
12:00

Lap/  
Leisure  
12:00-  
3:30

Lap (3)/  
Leisure  
(2)  
10:00-  
3:30

Swim Team  
3:30 - 4:30 PM

Swim  
Team  
4 Lanes  
4:30-  
6:00pm

Swim  
Lessons  
4:45-  
5:50pm

Masters Swim  
6:00-8:30pm

## Wednesday

Lap (4) /  
Leisure (1)  
5:00-8:55am

Deep  
End  
9:00-  
9:50am

Shallow  
end  
9:00-  
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Leisure (2)  
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3 Lanes  
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Lessons  
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5:05-  
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Leisure (1)  
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(1)  
8:30-  
10:00

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Water X  
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Shallow  
Water X  
9:15-  
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Leisure (2)  
10:00-11:00

Lap (1)/  
Leisure (2)  
11:00-12:00

Pool Rental  
(2 Lap lanes)  
11:00-12:00

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Leisure (2)  
12:00-3:30

Swim Team  
3:30 - 4:30 PM

Swim  
Team  
3 Lanes  
4:30-  
6:00pm

Swim  
Lessons 4  
:45-  
5:50pm

Masters Swim  
6:00-8:30pm

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Leisure (1)  
5:00-8:55am

Deep  
End  
9:00-  
9:50am

Aqua  
Dance  
9:00-  
9:50am

Lap (3)/  
Leisure  
(2)  
10-2pm

Preschool  
Free Swim  
10:30-  
11:15

Lap  
2 Lanes  
2:00-  
3:30pm

Family  
Swim  
3 Lanes  
2:00-  
4:00pm

Swim  
Team  
2 lanes  
3:30 -  
4:30 PM

Swim  
Lessons  
2 Lanes  
4:05-  
6:20pm

Swim  
Team  
3 Lanes  
4:30-  
6:30pm

Family  
Swim  
6:20-  
7:00pm

Lap  
2 Lanes  
6:30-  
7:00pm

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Leisure (1)  
6:00 - 8:15am

Swim  
Lessons  
8:15-  
12:25

Lap  
2 Lanes  
8:15-  
12:25

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