



# Youth Programs!!

Bayside Family YMCA

## DUNGEONS & DRAGONS

Use your imagination to visit a new world where dangerous monsters, ancient temples, and magical wonders are just a die roll away. Dungeons and Dragons has come back, more popular than ever, and is a great opportunity to get your child using critical thinking, problem solving, and communication skills as they embark on an epic journey through a world they help to create. Pull up a seat, choose a powerful character, and get ready to roll the dice.

**Fridays 4:45-6:00 pm**  
**Ages 7-12**

## CHESS CLUB

Chess is fun! Chess gives children the opportunity to sharpen a wide variety of important thinking skills like problem solving and decision-making. Chess also builds confidence and perseverance. Beginners are welcome! In addition to lots of play, we'll learn endgame techniques and opening principles and hone our tactical skills by solving chess puzzles.

**Thursdays 6:15-7:00 pm**  
**Ages 7-12**

## STOP MOTION

Learn the history of cinema and film as you create your own stop motion movie!

Stop motion is fantastic for kids as it's an opportunity to learn skills such as teamwork, problem-solving, and creative thinking. Making stop motion films also give kids the chance to build relationships with each other and develop their social skills.

**Mondays 6:15-7:00 pm**  
**Ages 7-12**

## MAGIC THE GATHERING

Explore a world of imagination in this exciting tabletop gaming club. Whether you are brand new to the game or you have braved the dungeons before, this program is here for you. Defeat monsters, solve puzzles, find riches, and become a great hero alongside your friends. Do have what it takes to save the world? Sign up and find out!

**Wednesdays 6:15-7:00pm**  
**Ages 7-12**

For more information call or email  
Greg Jaroma  
Gjaroma@gpymca.org  
401-245-2444



# Youth Sports!!

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## BEGINNER BASKETBALL!

Intended as a space for both beginners and budding fanatics, this class relies on cooperative effort between children, parents and instructors. Instructors lead parent-child pairs in station-based skill clinics during the first few weeks, then move on to "real games". Fun, Y values and sportsmanship emphasized throughout!

**Wednesdays**  
**1:00-1:45pm and 4:15-5pm**  
**Ages 3-5**

## PRESCHOOL SPORTS MEDLEY

Examples of invasion and strategy games include Dodgeball, Capture The Flag, Soccer, Basketball, Flag football, Pickle ball and Hockey.

**Tuesdays 10:00-10:45 am**  
**Ages 3-5**

## TUMBLING TOTS

Teach your preschooler the basics of gymnastics. Constantly engaged while developing their fine motor skills, and cognitive ability in a small group setting with their peers. Balance beams, kart wheels, and somersaults are only the start of what you young child will learn in this fun engaging class.

**Thursdays 10:00-10:45 am**  
**Ages 3-5**

## DANCE AT BAYSIDE!

Come join us for one of our 3 new dance classes!

**Music Medley (2 Years Old)**

**Wednesday 11:15-11:45am**

**Creative Movement (3-4 Years Old)**

**Wednesday 12:00-12:45pm**

**Combo II - Ballet & Tap (4-5 Years Old)**

**Thursdays 11:00-11:45am**

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