



South County YMCA Pool Schedule January 2024

*Effective January 2nd, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap (4) / Leisure (1) 5:00-8:55am	Lap (4) / Leisure (1) 5:00-8:30am	Lap (4) / Leisure (1) 5:00-8:55am	Lap (4) / Leisure (1) 5:00-8:30am	Lap (4) / Leisure (1) 5:00-8:55am	Lap (4) / Leisure (1) 6:00 - 8:15am	Lap (4) / Leisure (1) 6:00 - 9:00am
Deep End 9:00-9:50am	Lap (1) 8:30-10:00	Deep End 9:00-9:50am	Lap (1) 8:30-10:00	Deep End 9:00-9:50am	Swim Lessons 8:15-12:25	Masters Swim 9:00-12:00
Aqua Dance 9:00-9:50am	Deep Water X 8:30-9:15		Deep Water X 8:30-9:15	Aqua Dance 9:00-9:50am	Lap 2 Lanes 8:15-12:25	
Lap (3) / Leisure (2) 10:00-3:30pm	Shallow Water X 9:15-10:00	Lap (3) / Leisure (2) 10:00-3:30pm	Shallow Water X 9:15-10:00	Lap (3)/Leisure (2) 10-2pm	Family Swim 12:30-2:45pm	
	Swim Lessons 10:30-12:00		Lap (3)/Leisure (2) 10:00-11:00	Preschool Free Swim 10:30-11:15		
	Lap (3)/Leisure (2) 10:00-3:30		Lap (1)/Leisure (2) 11:00-12:00	Lap 2 Lanes 2:00-3:30pm		
	Lap/Leisure 12:00-3:30		Pool Rental (2 Lap lanes) 11:00-12:00	Family Swim 3 Lanes 2:00-4:00pm		
Swim Team 3:30 - 5:00 PM	Swim Team 3:30 - 4:30 PM	Swim Team 3:30 - 5:00 PM	Lap (3)/Leisure (2) 12:00-3:30	Swim Team 2 lanes 3:30 - 4:30 PM		
			Swim Team 3:30 - 4:30 PM	Swim Team 3 Lanes 4:30-6:30pm		
Swim Team 3 Lanes 5:00-7:00pm	Swim Lessons 4:45-5:50pm	Swim Team 3 Lanes 5:00-7:00pm	Swim Lessons 4:45-5:50pm	Swim Lessons 2 Lanes 4:05-6:20pm		
Swim Lessons 2 Lanes 5:05-7:20pm	Swim Team 4 Lanes 4:30-6:00pm	Swim Lessons 2 Lanes 5:05-7:20pm	Swim Team 3 Lanes 4:30-6:00pm			
Family Swim 7:00-8:00pm	Lap/Leisure 7:20-8:00pm	Family Swim 7:00-8:00pm	Family Swim 7:00-8:00pm	Family Swim 6:20-7:00pm		
Lap/Leisure 7:20-8:00pm	Masters Swim 6:00-8:30pm	Lap/Leisure 7:20-8:00pm	Masters Swim 6:00-8:30pm			

In the event of a Birthday Party, Saturday Family Swim Hours will be adjusted.

Aqua Dance:
Registration Required
Wednesday Aqua Dance will be cancelled for January.