



# January - February Gymnasium Schedule

# CRANSTON YMCA

## SUNDAY

**OPEN GYM  
6AM - 12PM**

Schedule is subject to change

\*Birthday Parties Run on Sat from 1pm-3pm. Court availability may vary.

## MONDAY

**OPEN GYM  
5AM - 7AM**

**OST Full Court  
7AM-9AM**

**Group Ex  
9AM-12PM**

**OPEN GYM  
12PM -3PM**

**OST Full Court  
3PM-5PM**

**FUNDAMENTALS BASKETBALL**

\*PRESCHOOL  
5:15PM - 5:45PM

\*K - 1ST GRADE  
6PM - 6:45PM

**Gym Rental  
7:00pm-9:30pm**

## TUESDAY

**OPEN GYM  
5AM -7AM**

**OST Full Court  
7AM-9AM**

**Group Ex  
9AM-12PM**

**OPEN GYM  
12PM -3PM**

**OST Full Court  
3PM-6PM**

**FUNDAMENTALS BASKETBALL**

\*GRADES  
4TH - 8TH

6PM - 7PM

**Gym Rental  
7PM-8:30PM  
1/4/23-2/13/24**

## WEDNESDAY

**OPEN GYM  
5AM - 7AM**

**OST Full Court  
7AM-9AM**

**Group Ex  
9AM-12PM**

**OPEN GYM  
12PM -3PM**

**OST Full Court  
3PM-5PM**

\*PRESCHOOL SOCCER  
5:15PM - 5:45PM

\*YOUTH SOCCER  
6PM - 7PM

**Gym Rental  
7PM-9:30PM**

## THURSDAY

**OPEN GYM  
5AM - 7AM**

**OST Full Court  
7AM-9AM**

**Group Ex  
9AM-12PM**

**OPEN GYM  
12PM -3PM**

**OST Full Court  
3PM-6PM**

**Open Gym  
6PM -7PM**

**Gym Rental  
7PM -9PM**

**Gym fully closed during Group Ex/Ost/Rentals**

## FRIDAY

**OPEN GYM  
5AM - 7AM**

**OST Full Court  
7AM-9AM**

**Group Ex  
9AM-12PM**

**OPEN GYM  
12PM -3PM**

**OST Full Court  
3PM-6PM**

**OPEN GYM  
6PM-7PM**

## SATURDAY

**OPEN GYM  
6AM - 9AM**

**YOUTH BASKETBALL**

\*GRADES  
K - 1ST  
9AM - 9:45AM

\*GRADES  
2ND - 3RD  
10AM - 10:45AM

\*GRADES  
4th- 8th  
11AM-11:45

**FUNDAMENTALS BASKETBALL**

\*GRADES  
2ND - 3RD  
12PM - 12:45PM

**REGISTRATION REQUIRED**

**OPEN GYM  
1PM - 3PM**



# Attention!

As you know the renovations have started, as the change is taking place upstairs, we've made our own changes to the schedule. Moving forward, until the work upstairs is complete, the gym will be a shared space. Please respect the time slots and activities going on in their spaces.

Thank You

**GYM WILL BE CLOSED**

**MONDAY-FRIDAY**

**7AM-12PM**

**MONDAY -WEDNESDAY 3PM-7PM**

**THURSDAY & FRIDAY 3PM-6PM**