



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH ENRICHMENT PROGRAMMING!

Session  
**Winter**  
Jan 8th– March 8th

## Toddlers (2–5 yrs):



### Messy Arts

**MON 9:30–10:15 AM**

**Starting January 8th**

This vibrant and creative class is designed to unleash the artistic spirit in your little ones. In Messy Arts, children will explore a world of colors, textures, and self-expression through various hands-on and messy art activities.



### Tiny Tumblers

**WED 9:30–10:15 AM**

**Starting January 10th**

Join us for Tiny Tumblers – a class where toddlers twirl, tumble, and discover the joy of movement. Let the laughter and exploration begin as we roll into a world of excitement together!



### Kids Gym

**TUES 9:00–10:30 AM**

**Starting January 9th**

Kids Gym in the AFC is the perfect blend of excitement and development for toddlers. Kids Gym is designed to transform your toddler's playtime into a dynamic adventure, promoting motor skills, coordination, and social interaction in a safe and engaging environment.

**FREE! No registration needed!**



### Sports Mania

**THURS 9:30–10:15 AM**

**Starting January 11th**

Get ready for a sporty adventure with our Sports Mania Class! Designed for energetic toddlers, this class introduces the exciting world of sports in a fun and supportive environment. Our program focuses on developing essential motor skills, coordination, and teamwork through age-appropriate activities.



### Sensory Play

**WED 9:30–10:15 AM**

**Starting January 10th**

Our class promotes sensory exploration through activities where little ones can squish, squeeze, splash, and discover the world around them. Join us for a sensory-rich adventure that not only brings joy but also enhances your child's cognitive and motor skills!



### Story Hour

**THURS 11:00–12:00 PM**

**Starting January 11th**

Story Hour is a fusion of story telling, imagination, and artistic expression, designed to inspire young minds through the power of literacy and hands-on activities.

**FREE! No registration needed!**





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## Youth (3-6 yrs):



### **Mastery Martial Arts- Little Dragons**

**TUES 5:00-6:00 PM**

**Starting January 9th**

From listening skills to taking turns, our program for ages 3-6 teach way more than physical skills! Your child will learn how to interact in a social setting, plus learn valuable life lessons that will help them as they grow.



## Youth (5-7 yrs):



### **Intro to Art**

**MON 5:30-6:30 PM**

**Starting January 8th**

This exciting class is tailored for young artists eager to explore their creative potential and discover the world of art. As your child learns about colors, shapes, and different art techniques, they'll also have the opportunity to unleash their imagination and create unique masterpieces.



### **Dance Discovery**

**MON 5:00-6:00 PM**

**Starting January 8th**

Step into the magical realm of movement and rhythm with our Dance Discovery class—an engaging and welcoming introduction to the art of dance for children. Led by our passionate and experienced dance instructor, this class sparks a love for dance while fostering self-expression, coordination, and a sense of joy.



### **LEGO STEM**

**WED 4:30-5:30 PM**

**Starting January 10th**

LEGO STEM is an exhilarating journey into the world of science, technology, engineering, and mathematics, where creativity meets innovation! This class, designed for budding builders to integrate the beloved world of LEGO with the principles of STEM to inspire a passion for learning and problem-solving.

## Youth (8-10 yrs):



### **Dodgeball**

**MON 5:15-6:00 PM**

**Starting January 8th**

Get ready for heart-pounding action, strategic dodging, and plenty of laughs! Join us for Youth Dodgeball, where fitness meets fun, and every throw brings a new opportunity for excitement and camaraderie. Let the dodgeball adventure begin.



### **Dance Athletics**

**MON 6:00-7:00 PM**

**Starting January 8th**

This class is designed for individuals who seek a dynamic and high-energy experience that seamlessly blends dance techniques with athletic conditioning. Engaging dance routines designed to elevate your heart rate, improve coordination, and enhance your dance skills.



## LEGO SPIKE

**TUE 5:30-6:30 PM**

**Starting January 9th**

Young filmmakers unleash their creativity and storytelling skills through the magical world of LEGO stop motion animation! In this dynamic and hands-on class children will embark on a thrilling adventure, learning the art of stop motion using LEGO bricks as their storytelling medium.



## ArtVenture

**TUES 4:30-5:30 PM**

**Starting January 9th**

ArtVenture is a place for young artists to embark on an inspiring journey of self-expression and creativity! Our class provides a dynamic and encouraging space for students to explore various art forms, experiment with different mediums, and nurture their passion for artistic expression.

**Prices  
vary  
by class**

### For Questions:



**Jocie Letoile**

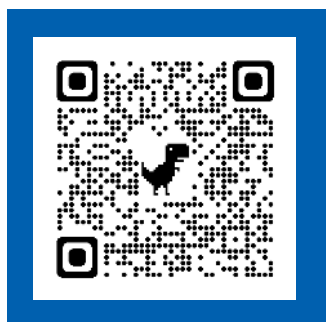


**Jlettoile@gpymca.org**



**401-828-0130**

### Scan for Registration



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## Mastery Martial Arts

**TUES 6:00-7:00 PM**

**Starting January 9th**

There's nothing more satisfying than watching your 7-9 year old gain physical and social skills that you know will benefit them for life. Your little one will learn focus, self-confidence and discipline, while getting a full body work out. Martial Arts teach fantastic martial arts moves plus vital interpersonal skills.



## Youth Pickleball

**THURS 5:15-6:00 PM**

**Starting January 11th**

Join us for Youth Pickleball, a class where young athletes can develop their skills, make new friends, and experience the joy of playing pickleball. Equipment will be provided!

## SCHEDULE AT-A-GLANCE

Monday	Tuesday	Wednesday	Thursday	Friday
Messy Arts AFC 9:30-10:15 AM	Kids Gym AFC 9:00-10:30 AM	Sensory Play AFC 9:30-10:15 AM	Sports Mania Studio 1 9:30-10:15 AM	
Intro to Art AFC 5:30-6:30 PM	Little Dragons A-Frame 5:00-6:00 PM	Tiny Tumblers Studio 1 9:30-10:15 AM	Story Hour AFC 11:00-12:00 PM	
Dance Discovery Studio 2 5:00-6:00 PM	Mastery Martial Arts A-Frame 6:00-7:00 PM	LEGO STEM AFC 4:30-5:30 PM	Youth Pickleball GYM 5:15-6:00 PM	
Dance Athletics Studio 2 6:00-7:00 PM	ArtVenture AFC 4:30-5:30 PM			
Dodgeball GYM 5:15-6:00 PM	LEGO SPIKE AFC 5:30-6:30 PM			

**Toddler  
(3-5yrs)**

**Youth  
(5-7yrs)**

**Youth  
(8-10yrs)**