



YMCA of Greater Providence COVID-19 Policy for Youth Programs

All YMCA of Greater Providence Youth Programs will follow the below protocol for COVID-19 exposure of illness.

ISOLATION: For those who have tested positive for COVID-19 regardless of vaccination status.

Children and staff who either have, or develop, symptoms should isolate at home, contact a healthcare provider, and get tested as soon as possible.

Isolation starts on the first day of symptoms (day 0) or the day of a positive test if there are no symptoms (day 0)

Children and staff who have tested positive should stay home and isolate for at least 5 days even if they do not have any symptoms (days 1-5)

Children and staff may leave isolation after 5 days (day 6) if:

- They have no symptoms, or their symptoms have improved and
- They have been fever-free for 24 hours without the use of fever-reducing medication and
- They did not have severe illness

From that point forward they are required to wear a well-fitting mask around others for 5 additional days (days 6-10) even at home.

*If masks are unable to be worn, isolation should continue for 10 days.

QUARANTINE: For those who have come in close contact with someone who tested positive for COVID-19

Children and staff do not need to quarantine if they are up to date with their vaccinations, meaning:

- They are age 18 or older and have received all recommended vaccine doses, including boosters
- They are age 5 to 17 and have completed the primary series of a COVID-19 vaccine
- They have confirmed COVID-19 within the last 90 days (tested positive using an antigen or PCR test).

Unvaccinated children without symptoms, who are identified as close contacts, may follow monitor-to-stay protocol to continue to attend programming. This includes:

- Screen for symptoms for 5 days after exposure
- Wear high-quality, well-fitting masks (if age 2 and older)
- If possible, get tested on day 5

If close contacts develop any one symptom listed below, they should schedule a PCR test and must isolate for 5 days unless a negative result is received.

COVID -19 ILLNESS POLICY

If a child or staff person displays symptoms in a Y program the YMCA will use case clinical criteria, such that people with one (1) major symptom or two (2) minor symptoms of COVID-19 need to isolate, go home, and get tested. Asymptomatic siblings/household members (both fully vaccinated and unvaccinated) will be allowed to remain in program pending test results for the symptomatic individuals.

Any ONE symptom: PROBABLE

- Cough (new)
- Shortness of breath or difficulty breathing
- New loss of taste or smell

Any TWO symptoms: PROBABLE

- Fever or Chills
- Muscle or body aches
- Headaches
- Sore throat
- Diarrhea
- Nausea or vomiting
- Congestion or runny nose (new)
- Fatigue

Parents will be notified and asked to pick up sick children from the program immediately. They will not be able to return to the program until:

- They have obtained a negative COVID-19 test
- They have a note from a medical doctor that indicates they may return to the program
- If the PCR test result is negative and symptoms are consistent with allergies, asthma, or other chronic health conditions, then the individual may return after being fever-free for 24 hours without the use of fever-reducing medicine.



YMCA of Greater Providence

General Illness Policy for Youth Programs

All YMCA of Greater Providence Youth Programs will follow the below illness protocol.

At the Y, we understand the importance of health and wellbeing and strive to reduce the spread of communicable illnesses through proven best practices. Annually the Y partners with health consultants to review health and safety policies stipulated by RI Department of Human Services to ensure the best possible outcomes.

IF A CHILD BECOMES ILL AT THE Y

All efforts will be made to make your child as comfortable as possible. Staff will gather information and work with the parent/guardian to make a decision in the child's best interest. Certain symptoms can be indicative of infection or communicable illness, in which case the child will be separated from the rest of the group with supervision to prevent the spread of illness. Parents/guardian will be contacted to pick up the child. Staff will continue to assess the child's condition.

IF YOUR CHILD HAS A COMMUNICABLE ILLNESS

Parent must notify the Y within 24 hours. A notice (without specific names) will be posted for parent information. This notice will include the illness, incubation period, early signs to watch for, and exclusion recommendations.

ATTENDANCE POLICIES

Exclusion from the program is often necessary to prevent the spread of illness. Children may return to care when they no longer pose a health risk to others at the program. The YMCA abides by the following procedures:

Children should not attend the Y program when they:	Children can return to the program when:
have symptoms consistent with COVID-19 illness	See COVID-19 illness policy for specifics on testing and isolation requirements
have a fever of 100.4° F or higher	they are fever-free (without the use of fever-reducing medications) for 24 hours
have uncontrolled diarrhea or they have an increased number of stools compared with their normal pattern, watery stools, and/or decreased stool form that cannot be contained by the diaper or use of the toilet	symptoms have been resolved for 24 hours
are vomiting	vomiting has stopped for 24 hours
are exhibiting signs of sever illness such as unusual fatigue, uncontrolled coughing, irritability, persistent crying, difficulty breathing, wheezing, etc	a medical exam indicates the child may return
have a bacterial infection such as strep, ear infection or impetigo	24 hours of antibiotic therapy has been completed
have head lice or another untreated infestation (ie scabies)	when they have been treated and all lice, lice eggs, and egg cases have been removed
have conjunctivitis or other eye infection	24 hours after first treatment has been given
have skin infections, new or unexplained rash, or signs of any contagious disease	a medical exam indicates the child may return