



South County YMCA Pool Schedule March 2023

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lap (4) /
Leisure (1)
5:00-8:55am

Lap (4) /
Leisure (1)
5:00-8:55am

Lap (4) /
Leisure (1)
5:00-8:55am

Lap (4) /
Leisure (1)
5:00-8:55am

Lap (4) /
Leisure (1)
5:00-8:55am

Lap (4) /
Leisure (1)
6:00 - 8:15am

Lap (4) /
Leisure (1)
6:00 - 9:00am

Deep
End
9:00-
9:50am

Aqua
Dance
9:00-
9:50am

Lap
1 lane
8:30-
9:00am

Water
Ex.
8:30-
10am

Deep
End
9:00-
9:50am

Aqua
Dance
9:00-
9:50am

Lap
1 lane
8:30-
10am

Water
Ex.
8:30-
10am

Lap (3) /
Leisure (2)
9:00-9:50am

Swim
Lessons
8:15-
11:50pm

Lap
2 Lanes
8:15-
11:50am

Masters
Swim Team
9:00-12:00pm

Lap (3) /
Leisure (2)
10:00-2:00pm

Lap (3)/
Leisure
(2)
10-2pm

Pre-
school
Swim
10:30-
11:15

Lap (3) /
Leisure (2)
10:00-2:00pm

Lap (3)/
Leisure
(2)
10-2pm

Swim
Lessons
10:30-
11:00

Lap (3)/
Leisure
(2)
10-2pm

Pre-
school
Swim
10:30-
11:15

Family Swim
12:00-2:45pm

Lap
2
Lanes
2:00-
3:30pm

Family
Swim
2:00-
3:30pm

Lap
2 Lanes
2:00-
3:30pm

Family
Swim
2:00-
3:30pm

Lap
2 Lanes
2:00-
3:30pm

Family
Swim
2:00-
3:30pm

Lap
2 Lanes
2:00-
3:30pm

Family
Swim
2:00-
3:30pm

Lap
2 Lanes
2:00-
4:30pm

Family
Swim
3 Lanes
2:00-
4:00pm

Saturday Family Swim hours may
be adjusted in the event of a
rental/birthday Party
****Scheduled Rentals: 3/4 & 3/25**
Adjusted Hours:
Family Swim 12-12:50

Swim Team
3:30 - 5:00 PM

Swim Team
3:30 - 4:30 PM

Swim Team
3:30 - 5:00 PM

Swim Team
3:30 - 4:30 PM

Swim
Team
3 Lanes
4:30-
6:00pm

Swim
Lessons
2 Lanes
4:05-
5:10pm

Swim
Team
4 Lanes
5:00-
7:00pm

Family
Swim
1 Lane
5:00-
7:00pm

Swim
Team
4 Lanes
4:30-
6:00pm

Family
Swim
1 Lane
4:30-
6:00pm

Swim
Team
3 Lanes
5:00-
7:00pm

Swim
Lessons
2 Lanes
5:05-
6:45pm

Swim
Team
3 Lanes
4:30-
6:00pm

Swim
Lessons
2 Lanes
4:30-
5:35pm

Lap
2 Lanes
6:00-
7:00pm

Family
Swim
2 Lanes
5:15-
6:00pm

3 Lanes
6:00-
7:00pm

Lap (4) /
Leisure (1)
7:00-8:00pm

Masters
Swim Team
6:00-8:30pm

Lap (4) /
Leisure (1)
7:00-8:00pm

Masters
Swim Team
6:00-8:30pm