



Winter 2022 Aquatics Schedule

East Side/Mt. Hope YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim(4) 6 - 10:45 am	Lap Swim(4) 6 - 10:45 am	Lap Swim(4) 6 - 10:45 am	Lap Swim(4) 6 - 10:45 am	Lap Swim(4) 6 - 10:45 am	Lap Swim (2-3) 9 am - 1:30 pm	Lap Swim (5) 7 - 9 am
Leisure Lane (1) 6 - 10:45 am	Leisure Lane (1) 6 - 10:45 am	Leisure Lane (1) 6 - 10:45 am	Leisure Lane (1) 6 - 10:45 am	Leisure Lane (1) 6 - 10:45 am	Swim Lessons 2 - 3 9:15 am - 11:10 am	Lap Swim (3) 9 - 11:30 am
Lap Swim (3) 10:45 am - 3 pm	Lap Swim (3) 10:45 am - 3:30 pm	Lap Swim (3) 10:45 am - 3 pm	Lap Swim (3) 10:45 am - 3:30 pm	Lap Swim (3) 10:45 am - 6:30 pm		
Family Swim (2) 10:45 am - 3:00 pm	Family Swim (2) 10:45 am - 3:30 pm	Family Swim (2) 10:45 am - 3:00 pm	Family Swim (2) 2:30 - 3:30 pm	Family Swim (2) 10:45 am - 6:30 pm	Family Swim 1:10 - 1:30 pm	Family Swim 9 - 11:30 am
Classical High School (4) 3:00 - 4:00 pm	Classical High School (4) 3:00 - 4:00 pm	Classical High School (4) 3:00 - 4:00 pm	Classical High School (4) 3:00 - 4:00 pm			
Lap Swim (3) 4:00 - 6:30 pm	Swim Lessons (1-2) 4:30 - 6:30 pm	Youth Build (2) 4 - 5 pm	Swim Lessons (1-2) 4:30 - 6:30 pm			
Family Swim (1) 3:30 - 4:30 pm	Lap Swim (2-3) 4:30 - 5:30 pm	Mt Hope LC (2) 4:30 - 5:30 pm	Lap Swim (2-3) 4:30 - 5:30 pm			
Family Swim (2) 4:30 - 6:30 pm	Lap Swim (1-2) 5:00 - 6:00 pm	Lap Swim (3) 4:00 - 6:30 pm	Lap Swim (1-2) 5:00 - 6:00 pm			
Lap Swim (3) 4:30 - 6:30 pm	Swim Club (1-2) 5:00 - 6:00 pm	Family Swim (2) 5:30 - 6:30 pm	Swim Club (1-2) 5:00 - 6:00 pm			
	Lap Swim (2-3) 6:00 - 6:30 pm		Lap Swim (2-3) 6:00 - 6:30 pm			



Lap swim hours are circle swim depending on demand.
Please note that all classes are subject to change due to demand, participation, and weather.