



# Gymnasium Schedule December 2022

# Bayside Family YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym 5 - 10 am	Open Gym 5 - 10 am	Open Gym 5 - 10 am	Open Gym 5 - 9:30 am	Open Gym 5 - 10 am	Open Gym 6 am - 2 pm	Adult Open Gym 6 - 9 am
Senior Strength 10 - 11 am	Mini Kickers 10 am	Senior Strength 10 - 11 am	Tumbling Tots 10 am	Senior Strength 10 - 11 am		Open Gym 9 am - 2 pm
Open Gym 11 am - 1:30 pm	Zumba 11 am - 12 pm	Open Gym 11 am - 1:30 pm	Zumba 11 am - 12 pm	Sports Mania 11 am - 12 pm		
Open Gym 12 - 1:30 pm	Open Gym 12 - 1:30 pm		Open Gym 12 - 1:30 pm	Open Gym 12 - 1:30 pm		
Out of School Time 2 - 5:30 pm	Out of School Time 2 - 5:30 pm	Out of School Time 2 - 5:30 pm	Out of School Time 2 - 5:30 pm	Out of School Time 2 - 6 pm		
Volleyball 5 pm	Unified Basketball 5 pm	Beginner Basketball 4 pm	Nerf 5 pm	Archery 5 pm		
Youth Basketball League 6:15 - 8 pm	Youth Basketball League 6:15 - 8 pm	Youth Basketball League 6:15 - 8 pm	Youth Basketball League 6:15 - 8 pm	Youth Basketball League 6:15 - 8 pm		

**Building Hours**  
 Monday - Thursday: 5 am - 8 pm  
 Friday: 5 am - 6:30 pm  
 Saturday & Sunday: 7 am - 2 pm

» Schedule is subject to change »