



October 2022 Aquatics Schedule

South County YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 4 lanes Leisure 1 lane 5 - 8:55 am	Lap Swim 4 lanes Leisure 1 lane 5 - 8:30 am One Lap Lane 8:30 - 9:00 am	Lap Swim 4 lanes Leisure 1 lane 5 - 8:55 am	Lap Swim 4 lanes Leisure 1 lane 5 - 8:30 am One Lap Lane 8:15 - 9:00 am	Lap Swim 4 lanes Leisure 1 lane 5 - 8:55 am	Lap Swim 4 lanes Leisure 1 lane 6 - 8:15 am Family Swim 8:15 am - 12 pm	Lap Swim 4 lanes Leisure 1 lane 6 - 9:00 am Masters Swim Team 9 am - 12 pm
Aqua Dance Deep End Open 9 - 9:50 am	Water Exercise 8:30 - 10 am	Aqua Dance Deep End Open 9 - 9:50 am	Water Exercise 8:30 - 10 am	Lap Swim 3 lanes Leisure 2 lanes 9 - 9:50 am	Birthday Party 12:15 - 3 pm Reserved only	Birthday Party 12:15 - 3 pm Reserved only
Lap Swim 3 lanes Leisure 2 lanes 10 am - 2 pm	2 Leisure lanes 3 Lap lanes 10 am - 2 pm Preschool Swim 11 - 11:45 am	Lap Swim 3 lanes Leisure 2 lanes 10 am - 2 pm	Lap Swim 3 lanes Leisure 2 lanes 10 am - 2 pm	2 Leisure lanes 3 Lap lanes 10 am - 2 pm Preschool Swim 11 - 11:45 am		
Swim Team 3:30 - 5 pm	Swim Team 3:30 - 4:30 pm	Swim Team 3:30 - 5 pm	Swim Team 3:30 - 4:30 pm	Family Swim 3:30 - 4:30 pm		
Family Swim 1 lane 5 - 7 pm	Family Swim 1 lane 4:30 - 6 pm	Family Swim 2 lanes 5 - 7 pm	Family Swim 2 lanes 4:30 - 6 pm	Family Swim 2 lanes 4:30 - 6 pm		
Swim Team 4 lanes 5 - 7 pm	Swim Team 4 lanes 4:30 - 6 pm	Swim Team 3 lanes 5 - 7 pm	Swim Team 3 lanes 4:30 - 6 pm	Swim Team 3 lanes 4:30 - 6 pm		
Family Swim 3 lanes Lap Swim 2 lanes 7 - 7:45 pm	Masters Swim Team 6 - 8:30 pm	Family Swim 3 lanes Lap Swim 2 lanes 7 - 7:45 pm	Masters Swim Team 6 - 8:30 pm	Family Swim 3 lanes Lap Swim 2 lanes 6 - 7 pm		



Lap swim hours are circle swim depending on demand.
Please note that all classes are subject to change due to demand, participation, and weather.