



Aquatics Schedule

Effective through
October 31, 2022

Newman YMCA Revised 9.28.2022

For questions or concerns please contact Regional Aquatic Director, Laurie Pansa at lpansa@gpymca.org
or Regional Aquatic Coordinator, Sarah Goss at sgoss@gpymca.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim 6:30 am – 8:30 am	Lap Swim 6:30 am – 9:30 am	Lap Swim 6:30 am – 8:30 am	Lap Swim 6:30 am – 9:30 am	Lap Swim 6:30 am – 8:30 am	Lap Swim 7:30 am – 9:00 am
Water Exercise 8:45 am – 9:30 am		Water Exercise 8:45 am – 9:30 am		Water Exercise 8:45 am – 9:30 am	Swim Lessons 9:00 am – 11:50 am
Lap Swim 9:45 am – 2:00 pm	Lap Swim 10:00 am – 2:00 pm	Lap Swim 9:45 am – 2:00 pm	Lap Swim 9:45 am – 2:00 pm	Lap Swim 9:45 am – 2:00 pm	Family Swim 9:30 am – 11:30 am 2 lanes
		Kids World 10:30 am – 11:15 am 1 lane	Private Rental 10:00 am – 11:00 am 2 lanes		
Lap Swim 3:00 pm – 8:30 pm	Lap Swim 3:00 pm – 8:30 pm	Lap Swim 3:00 pm – 8:30 pm	Lap Swim 3:00 pm – 5:00 pm	Lap Swim 3:00 pm – 6:00 pm	
	Family Swim 5:00 pm – 8:30 pm 2 lanes		Family Swim 5:00 pm – 6:30 pm 2 lanes	Family Swim 5:00 pm – 6:00 pm 2 lanes	
			Water Exercise 6:30 pm – 7:30 pm		

Pool Schedule Key

- Lap Swim
- Water Exercise
- Family Swim
- Swim Lessons
- Private Rental



Lap swim hours are circle swim depending on demand.
Please note that all classes are subject to change due to demand, participation, and weather.