



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

September-October Aquatics

Kent County YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap/ Leisure swim 6:00am-9:55am	Lap/ Leisure swim 6:00am-9:55am	Lap/ Leisure swim 6:00am-9:55am	Lap/ Leisure swim 6:00am-9:55am	Lap/ Leisure swim 6:00am-9:55am	Lap/ Leisure swim 6:00am-7:55am	Lap/ Leisure swim 6:00am-7:00am
Water Fitness with Fatima 10am-11am	Water Fitness with Gina 10am-11am	Water Fitness with Fatima 10am-11am	Water Fitness with Gina 10am-11am	Water Fitness with Fatima 10am-11am		Lap Swim 7am-9am 2 Lanes
Swim Lessons 11am-1pm 1 Lane	Lap/ Leisure swim 11am-12pm	Swim Lessons 11am-1pm 1 Lane	Lap/ Leisure swim 11am-12pm	Family Swim 11am-12pm	Swim Lessons 8am-12pm 3 Lanes	Swim Team 7-9am 2 Lanes
Baystate Physical Therapy 11am-1pm 1 Lane	Lap Swim 12pm-2 3 Lanes	Family Swim 11pm-12pm 3 Lanes	Lap Swim 12pm-2 3 Lanes	Lap/ Leisure Swim 12pm-2pm	Lap Swim 8am-12pm 1 Lanes	Masters Swim 9am-11am 2 Lanes
Lap Swim 12pm-2 2 Lanes	Baystate Physical Therapy 12pm-3pm 1 lane	Lap Swim 12pm-1pm 3 Lanes	Baystate Physical Therapy 12pm-3pm 1 lane			Swim Lessons 8am-12pm 2 Lanes
Family Swim 2pm-4pm 2 Lanes	Family Swim 2pm-3pm 3 Lanes	Swim Lessons 11am-1pm 1 Lane	Family Swim 2pm-3pm 3 Lanes	Family Swim 11am-12pm	Swim Team 12pm-3pm	Birthday Party 11am-12pm
Lap Swim 2pm-4pm 2 Lanes	Swim Lessons 3pm-5pm 1 Lane	Family Swim 1pm-4pm 2 Lanes	Lap Swim 1pm-4pm 2 Lanes	Lap/ Leisure Swim 12pm-2pm		Family swim 12pm-2pm
Family Swim 2pm-4pm 2 Lanes	Swim Team 3pm-5pm 3 Lanes	Swim Lessons 3pm-5pm 1 Lane	Swim Lessons 3pm-5pm 1 Lane	Swim Team 3pm-5pm 3 Lanes		
Swim Team 4pm-7pm	Swim Team 5pm-7pm	Swim Team 4pm-7pm	Swim Team 5pm-7pm	Swim Team 4pm-6pm		
Masters Swim Team 7pm-8pm	Family Swim 7-7:45PM 2 Lanes	Masters Swim Team 7pm-8pm	Family Swim 7-7:45 PM 2 Lanes	Family swim 6pm-7:45pm		
	Lap Swim 7-7:45 PM 2 Lanes		Lap Swim 7-7:45PM 2 Lanes			

PRIVATE LESSONS MAY TAKE PLACE DURING LAP SWIM, THIS MAY CHANGE LANE AVAILABILITY

LAP SWIM HOURS ARE CIRCLE SWIM

PLEASE NOTE THAT ALL CLASSES ARE SUBJECT TO CHANGE DUE TO DEMAND, PARTICIPATION, AND WEATHER**