



August 2022 Aquatics Schedule

South County YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 4 lanes Leisure 1 lane 5 – 8:55 am	Lap Swim 4 lanes Leisure 1 lane 5 – 8:30 am	Lap Swim 4 lanes Leisure 1 lane 5 – 8:55 am	Lap Swim 4 lanes Leisure 1 lane 5 – 8:30 am	Lap Swim 4 lanes Leisure 1 lane 5 – 8:55 am	Lap Swim 4 lanes Leisure 1 lane 6 – 8:30 am	Lap Swim 4 lanes Leisure 1 lane 6 – 8:30 am
Aqua Dance Deep End Open 9 – 9:50 am	Water Exercise Shallow End Open One Lap Lane 8:30 – 9:15 am	Water Exercise Shallow End Open One Lap Lane 8:30 – 9:15 am	Water Exercise Shallow End Open One Lap Lane 8:30 – 9:15 am	Water Exercise Shallow End Open One Lap Lane 9:15 – 10:30 am	Family Swim 8:15 – 10 am	Family Swim 8:15 – 10 am
Lap Swim 3 lanes Leisure 2 lanes 10 am – 12:45 pm	Water Exercise Deep End Open One Lap Lane 9:15 – 10:30 am	Aqua Dance Deep End Open 9 – 9:50 am	Water Exercise Deep End Open One Lap Lane 9:15 – 10:30 am	Lap Swim 3 lanes Leisure 2 lanes 9 – 9:50 am	CLOSED 10 – 10:30 am	
Camp 1 – 3 pm	Preschool Swim 10:30 – 11:30 am Leisure/Lap 3 Lanes Deep End 11:30 am – 12:50 pm	Lap Swim 3 lanes Leisure 2 lanes 10 am – 12:45 pm	Lap Swim 3 lanes Leisure 2 lanes 10 am – 12:45 pm	Preschool Swim 10:30 – 11:30 am Leisure/Lap 3 Lanes Deep End 11:30 am – 12:50 pm	Family Swim 10:30 am – 12 pm	Family Swim 10:30 am – 12 pm
CLOSED 3 – 3:30 pm						
Family Swim 3:30 – 5:45 pm	Camp 1 – 3 pm	Camp 1 – 3 pm	Camp 1 – 3 pm	Family Swim 1 Leisure/ 2Lap 1 – 3 pm	Birthday Party 12:15 – 3 pm	Birthday Party 12:15 – 3 pm
Family Swim 5:45 – 7:45 pm One Lap Lane 7 – 7:45 pm	Family Swim 3:30 – 4:30 pm	Family Swim 3:30 – 4:30 pm	Family Swim 3:30 – 4:30 pm	Family Swim 3:30 – 6:45 pm		
Family Swim 5:45 – 7:45 pm One Lap Lane 7 – 7:45 pm	Swim Lessons 4:30 – 5:45 pm	Swim Lessons 4:30 – 5:45 pm	Swim Lessons 4:30 – 5:45 pm			
Family Swim 5:45 – 7:45 pm One Lap Lane 7 – 7:45 pm	Family Swim 5:45 – 7:45 pm One Lap Lane 7 – 7:45 pm	Family Swim 5:45 – 7:45 pm One Lap Lane 7 – 7:45 pm	Family Swim 5:45 – 7:45 pm One Lap Lane 7 – 7:45 pm			



Lap swim hours are circle swim depending on demand.
Please note that all classes are subject to change due to demand, participation, and weather.