



JUNE 20th - JULY 3RD 2022

Cranston YMCA
Aquatics Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00am-6:30am	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim 6:00 am-7:55am		
6:30am-8:00am	Marlins Swim Team					6:30am - 7:55am Marlins Swim Team	6:30am - 7:55am Adult Swim 2 Lanes		
8:00am-10:00 am	Adult Lap Swim	Water Fitness 9am - 10am		Water Fitness 9am - 10am		Swim Lesson 8:00am - 12:30pm	Swim Lessons 8:00am - 12:30pm		
10:00am-11:15am	Swim Lessons	Lap Swim/ Leisure Lane	Swim Lessons	Lap Swim/ Leisure Lane	Swim Lessons				
11:20am-12:30pm	Lap Swim/ Leisure Lane		Lap Swim/ Leisure Lane		Lap Swim/ Leisure Lane				
12:30pm-2:55pm	12:30pm - 5:30pm Family Swim 3 Lanes	12:30pm - 5:30pm Lap Swim 3 lanes	12:30pm - 4:00pm Family Swim 3 Lanes	12:30pm - 4:00pm Lap Swim 3 Lanes	12:30pm - 4:00pm Family Swim 3 Lanes	12:30pm - 4:00pm Lap Swim 3 Lanes	12:30pm - 6:30pm Family Swim 3 Lanes	12:30pm - 5:30pm Lap Swim 3 lanes	Family Swim 1:00pm -3:00pm
3:00pm- 4:00pm			12:30pm - 4:00pm Family Swim 3 Lanes	12:30pm - 4:00pm Lap Swim 3 Lanes	12:30pm - 4:00pm Family Swim 3 Lanes	12:30pm - 4:00pm Lap Swim 3 Lanes			
4:05pm-5:25pm			Swim Lessons 3 Lanes	Adult Lap Swim 3 Lanes	Adults Lap Swim 3 Lanes	Swim Lessons 3 Lanes			
5:30pm- 6:25 pm	Mini Marlins Swim Team 3 lanes	Adult Lap Swim 3 Lanes	Swim Lessons 3 Lanes	Adult Lap Swim 3 Lanes	Swim Lessons 3 Lanes				
6:30pm-8:30pm	Family Swim 4 Lanes	Adult Lap Swim 2 Lanes	Family Swim 4 Lanes	Adult Lap Swim 2 Lanes	Marlins Swim Team	Family Swim 4 Lanes	Adult Lap Swim 2 Lanes	Pool Closes at 6:30pm	



Lap swim hours are circle swim depending on demand. Please note that all classes are subject to change due to demand, participation and weather.