



Camp Fuller YMCA

Day Camp

2022 FAMILY HANDBOOK



WELCOME TO Camp Fuller YMCA's Day Camp Quick Guide

FRIENDS FUN ADVENTURE

REDISCOVER SUMMER CAMP

Welcome to Camp Fuller YMCA! We are pleased that you have selected our camp for your child's camping experience.

Sample Daily Schedule

8:30-8:45am	Arrival @ South County YMCA
9am	Bus Arrives at Camp Fuller
9:15am	Rotation 1
10:00am	Rotation 2
10:45 am	Snack
11:30	Rotation 3
12:45pm	Lunch
1:15pm	Swim
2:15pm	Rotation 4
3:00pm	Rotation 5
3:45pm	Reflections
4:00pm	Bus Leaves Camp Fuller
4:15-4:30	Pick up at South County YMCA

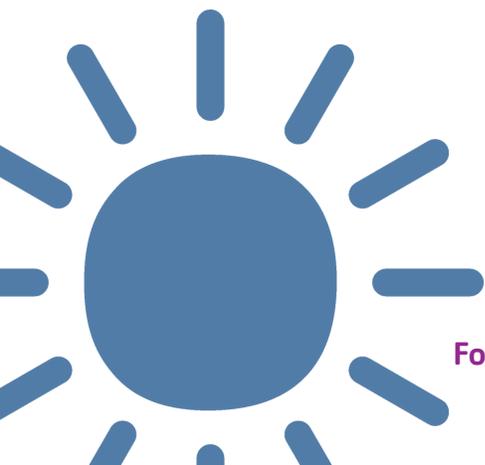
What to bring DAILY

- Swim Suit & Towel
- Sneakers
- Snacks & Lunch (Peanut tree nut free)
- Water Bottle
- Change of Clothes
- Sunscreen & Bug Spray



PICK UP & DROP OFF

- Arrive to South County YMCA located at 165 Broad Rock Rd, Peace Dale, RI 02883 between 8:30-8:45am
- Camp staff will do the screening process upon arrival
- After child has been screened, child may exit the car
- Children will load into the bus that will be leaving promptly at 8:45am
- Pick up will be at the same location between 4:15-4:30pm



For information, contact Rachel Terceira, Camp Director
rterceira@gpymca.org - 401.783.5359

WELCOME



Welcome to Camp Fuller YMCA's Day Camp! We are pleased that you have selected our camp for your child's camping experience.

The Family Handbook is designed to provide you with information about our program, answer any questions that you may have, and help prepare you and your child for a happy and safe summer.

Thank you for choosing Camp Fuller and we look forward to a safe and exciting summer!

Camp Communication



Rachel Terceira, Camp Director
rterceira@gpymca.org



401-783-5359



www.campfuller.org



619 Camp Fuller Road
South Kingstown RI
02879



Hours of Operation

Camp Day	8:30 am–4:30 pm
Drop Off	8:30 am–8:45 am
Pick Up	4:15pm–4:30 pm

YMCA Character Values

Our goal is to provide each camper with an emotionally and physically safe, FUN, and memorable experience. By stressing the values of Caring, Honesty, Respect, and Responsibility each camper learns that Character Counts!

CARING is composed of compassion, forgiveness, generosity, and kindness.

HONESTY is composed of integrity, trustworthiness, and fairness.

RESPECT is composed of acceptance, empathy, self-respect, and tolerance.

RESPONSIBILITY is composed of commitment, courage, health, and service.

Registration Information

Participants may register for camp online or over the phone at any time. All Camp information is available at www.campfuller.org.

REGISTRATION DEADLINES

Registration will close the Wednesday before the session starts, at the close of the YMCA building. All PlayerSpace information must be complete before attending camp.

CHANGES

To make changes to your child's registration you must log on to PlayerSpace account and inform camp leadership of any changes made. Changes may include adding or deleting authorized pick-up names or transferring from one camp to another. A \$10 transfer fee will be assessed for transfers that take place less than two weeks prior to the start of the session. Only the individual who created the PlayerSpace account can make changes.



GOALS FOR CAMPERS

In order to successfully achieve the mission of YMCA Summer Day Camps the staff of Camp Fuller will work hard to meet the following goals:

1. **Offer a challenging and enjoyable experience in the out-of-doors to develop an appreciation of the natural surroundings and environment.**
 - Each camper will participate in an environmental awareness program.
 - Each camper will spend ample time in the out-of-doors.
 - Each camper will participate in maintaining the surrounding environment.
2. **Provide an opportunity to learn to appreciate one's self and others in a group setting.**
 - Each camper will be involved in a group where they will share activities, social skills, and common interests.
 - Each camper will contribute to a positive group experience.
 - Each camper will exercise and improve social skills through daily interactions with peers and positive adult role models.
3. **Promote healthy lifestyle habits that have carry over value into the camper's home and school life.**
 - Each camper will choose to participate in activities that promote the strengthening of the spirit, mind, and body.
 - Each camper will try new activities and enjoy the old.
 - Each camper will be strongly encouraged through example and experience to follow a healthy diet, exercise, and lifestyle.
4. **Create an emotionally and physically safe environment in which the camper can have a successful experience.**
 - Each camper will feel comfortable interacting and contributing.
 - Each camper will have the opportunity to learn from mistakes.
 - Each camper will be supervised and protected at all times.
 - Each camper will be able to define their own level of success.
5. **Encourage camper independence and positive behavior with the YMCA Character Values as a foundation.**
 - Each camper will be encouraged to try new activities.
 - Each camper will be encouraged to set and pursue realistic goals.
 - Each camper will be encouraged to demonstrate the Character Values.
6. **Allow campers to be kids!**
 - Each camper will be participate in fun social and recreational activities.
 - Each camper will be encouraged to get dirty.
 - Each camper will be encouraged to seek out fun, friendship, and laughter.

Our Facility

YMCA Camp Fuller is located on beautiful Point Judith Pond, a beautiful outdoor setting with open space, easy access to nature trails, multiple sports fields, and an waterfront access.

Accredited Camp

Camp Fuller YMCA is accredited by they American Camp Association, the most recognized organization that monitors the quality of camping in the world. The accreditation process requires the camp to either meet or exceed 300 standards in the area of health, safety, risk management, human resources, transportation, and in all program areas including aquatics.



Weekly Themes

- | | |
|--------|---------------------------|
| Week 1 | Stars and Stripes Forever |
| Week 2 | Under the Sea |
| Week 3 | Circus |
| Week 4 | Holiday Week |
| Week 5 | Space |
| Week 6 | Y Values Week |
| Week 7 | Decades Week |

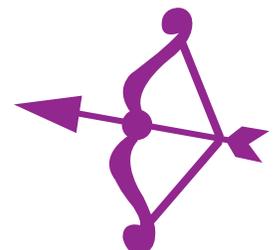
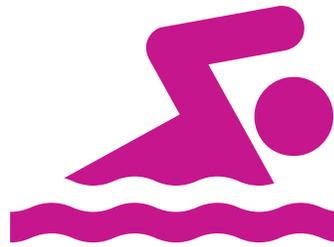


Daily Schedule

Time	Activity
8:30–8:45am	Arrival@ South County YMCA
9am	Bus Arrives@ Camp Fuller
9:15am	Activity 1
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4:15–4:30pm	Pick up@ South County YMCA



Some of the possible activities include :
Field Games, Chess, Theater, Archery, Canoeing & Kayaking, Arts & Crafts, Yoga, Biking, Hiking, Gardening, Low Ropes



Swimming

Our aquatics programs are one of the highlights of our camper's day. We offer a well-rounded program for all campers utilizing our swimming beach. We strongly believe in providing a fun and safe atmosphere at our waterfront. Campers will be encouraged to swim 5 days a week. Campers choosing not to swim will need to remain on the beach while the rest of the group participates in swim.

On the first day of each session, all campers will be given a skills assessment. This allows the swim staff to determine whether campers are shallow or deep water swimmers.

The "buddy system" is used during recreational swim time. Each swimmer is paired with another camper. "Buddy checks" are conducted throughout the period to be sure all swimmers are accounted for.

The swimmer to lifeguard ratios is 25:1 with additional counselors assisting in supervision. All aquatics staff hold current Lifeguard, First Aid and CPR certifications.

Due to the fact we are an outdoor facility we sometimes must cancel daily swim due to factors outside of our control. IE weather, water bacteria ect... We make an effort to keep our waterfront open however camper safety is and will always be our our first priority.



Late Arrivals

Campers who are dropped off after 8:45 AM need to call the camp office. Campers must be drive directly to Camp Fuller. Campers need to be here by 9:15am unless they have a doctor's appointment or a previous arrangement with the Camp Director.

Early Release

The camp must be notified in writing if a child will be picked up early. Please provide extra time when picking up a camper early. Early sign-out, before 4:15 PM, must be done at Camp Fuller and the camp office phone needs to be called. Early pick-ups without prior notification will require extra time. Early release forms are available at sign-ins.

Absenteeism

If your child will not be attending camp on a specific day, please contact the Camp phone 401-783-5359 or email campfuller@gpymca.org. If your child is absent and you have not notified YMCA Camp Fuller, a call to home may be made to verify your child's attendance.

Camper Release Procedure

FOR THE SAFETY OF ALL, persons responsible for picking up campers from YMCA Camp Fuller must comply with the following procedures:

- No camper will be released to individuals who are NOT on the approved pick-up list.
- All campers must be picked up by someone over the age of 18 who is listed on the child's authorized pick-up list.
- Photo identification of all persons picking up campers will be required each and every time, regardless of relationship to the camper.

If a child has not been picked up five minutes after dismissal has been completed (4:35pm), the staff will contact the child's parent/ guardian. If they are unable to reach you and your child is not picked up 15 minutes after dismissal, emergency contacts will be called. One hour after dismissal, if our staff is still unable to contact an authorized person to pick up your child, they will contact the South Kingstown Police Department for further assistance. A charge will be added to your camp bill for continued late pickups at a rate of \$ 1.00 for every 1 minute after pick up time.

What to Bring

Please be sure to label all belongings!

- Backpack
- Peanut free Snacks and Lunch
- Bathing suit and towel
- Refillable water bottles
- Sunscreen/bug spray
- Sneakers or closed toe shoes (sandals and flip flops are only permitted at the waterfront)



What to Keep at Home

We believe that certain items are best left at home to maximize your camper's outdoor experience. Campers may not bring cell phones, ipods, computer games, trading cards.

Any camper who brings weapons to camp will be suspended immediately. YMCA Camp Fuller is a drug/ alcohol and smoke free facility.

Any camper found with tobacco, drugs or alcohol will immediately be dismissed from camp. We are also interested in keeping a clean, healthy image at our camp. Clothing with messages referring to tobacco, drugs, alcohol, cigarettes, illegal substances, weapons and all other deemed hazardous by YMCA staff are prohibited at YMCA Camp Fuller. If any of these items are found, they will be confiscated immediately and the camper will be disciplined appropriately. Please keep all household pets and animals out of camp. YMCA Camp Fuller is not responsible for any personal belongings (i.e., sports equipment, camping gear) that are brought into camp.

Lost & Found

Lost and found items accumulate very quickly. Please make every effort to label your child's belongings. Should items be lost at camp, have your camper look for their item at our lost and found area which is located next to the sign out area. These items will remain at camp for one session. After that all remaining unclaimed items will be donated to charity.

Our Staff

YMCA Camp Fuller is dedicated to recruiting, screening and developing an outstanding group of directors and counselors who are committed to providing each camper with the best possible day camp experience. We believe that the success of our program lies in the quality of our staff. Staff people are selected on their experience, ability to lead camp related activities and their personal commitment to role modeling positive values.

Our program is unique because we employ International staff from all over the world. This summer we have employed staff from 5 of the 7 continents! These staff are thoroughly checked by not only international security and must have a student Visa to work at camp. All of our staff are over 18 and go through a month long training process here at camp.

In June, our staff participates in an in-depth training program that covers areas such as program goals, emergency procedures, group work skills and child development. Each staff person receives training and is certified in First Aid and CPR, Child Abuse Prevention & Behavior Management.

Staff Ratios

YMCA Camp Fuller has a counselor to camper ratio of 1:8 All counselors are 18 years of age or older and have prior camp related experience.



Health & Safety

Inclimate Weather

We do operate on rainy days—with only adjustments to our schedule. Camp will move indoors if the rain is heavy. However, please help your camper be prepared with proper rain gear for transitions to and from program areas— this would include a raincoat, extra clothing and footwear.

We also operate on extremely hot days. On these days we make sure campers have ample opportunity to get drinks of water, spend time in the shade, and make every effort to provide campers with water-based activities to keep them cool.

Please send campers with a water bottle and an extra beverage for lunch. Sunscreen should be applied before campers arrive.

Sunscreen & Insect Repellent

We recommend that campers wear sunscreen. Campers should apply sunscreen and/or bug repellent before coming to camp each morning. Campers who need to reapply during the day can keep sunscreen lotion in their backpacks if they can reapply lotion themselves. For younger campers that may need assistance reapplying lotion, Camp Fuller staff will only apply lotion to body parts that are not covered by a bathing suit.

Emergencies

We devote much time and attention to emergency procedures during our staff training in June. We have specific procedures for lost campers at the waterfront or on land, as well as for sever weather and medical emergencies. We practice these procedures during staff training and throughout the summer so that campers and staff will be prepared in the event of an emergency.

First Aid

Camp Fuller has a Registered Nurse and Mental health professional on sight 24/7. In the event of an emergency or illness, Camp Leadership will notify parents/guardians. Please keep sick campers home so that germs and illnesses will not spread to other campers and staff. Unless otherwise notified, any camper that requires further medical attention will be transported to South County Hospital.

First Aid Notification Procedures

All campers who receive first aid will have their injuries recorded in the First Aid Log Book, and families will receive a notification at sign out. Our First Aid Station sees many campers each day for sunscreen, band-aids and minor first aid treatments. Camp Leadership staff will call parents to notify them of mild injuries at their discretion and of all serious injuries that occur at camp.

Photo Release and Facebook

The Summer Camp Enrollment Agreement (part of the application) includes a photo release for all campers. If you do not want your camper photographed during summer, please be sure to indicate this on the form. Everyday we will take photos of our campers and staff enjoying their time at Camp Fuller and post them to our Facebook page. Be sure to check everyday- you never know who will be featured!

Medication Policy and Forms

If your camper needs to take medication (either over the counter or prescription) during the camp day, our camp staff can dispense medication and the following guidelines will be followed:

- The staff shall not administer prescription medication without the written order of a physician (which may include the label on the medication bottle). We request that a note be obtained from the physician if the child has had an office visit.
- The staff shall not administer prescription or non-prescription medication without written parental permission.
- All medication must be in the original prescription bottle and the label must include the following: child's name, physician's name, date, dosage and times of administration.
- The medication has not expired. All medication, including inhalers, must be given to the Camp Leadership staff.
- Medication cannot remain with the child at camp.
- Children with medical release may carry inhalers after speaking with the Camp Leadership staff.
- Any remaining medication must be picked up by the parent on the last day of the camp session or it will be destroyed. We will not hold medication after the last day of camp.



Illness Policy

A daily health screening will be administered by check-in staff each morning during arrival. Children experiencing any of the symptoms on the health screener will not be allowed to attend.

If a child exhibits any symptoms of illness while in the program they will be removed from the group and isolated immediately. Parents will be notified and asked to pick up their child immediately.

Any child sent home (or not allowed to stay at arrival) may not return to Y until he/she (or parents) provides competent evidence to the camp demonstrating that:

- After being sent home he or she was tested negative for COVID-19; or
- After being sent home he or she was tested positive for COVID-19 but he or she has since met RIDOH guidelines for ending isolation; or
- They can provide a doctor's note stating he or she is not contagious.



Behavior Policy

At YMCA Camp Fuller we believe that the best way to deal with behavior issues is to provide a quality camp program. By keeping activities moving and well-organized, we believe that many potential problems can be avoided.

The Behavior Management Policy has been developed to clarify the expectations of camper behavior. Our goal is to provide a program based on the YMCA Character Values of Caring, Honesty, Respect, and Responsibility and ensure an environment that is both physically and emotionally safe. As such, we operate with these principles:

- Campers will be treated with fairness and compassion.
- Individuals and behaviors are unique and interventions will be appropriate to each situation.
- Behavior situations will be resolved as quickly as possible between the camper and camp staff. As necessary, the family will be notified and involved.

Expectations for Camper Behavior are to:

- Be respectful of yourself, other campers and staff
- Be honest and forthcoming in your interactions with campers and staff
- Be caring towards yourself and others
- Be responsible with Camp Fuller's equipment and property

Behavior Definitions & Interventions

BASIC BEHAVIORS are defined as words or actions that are not immediate threat or danger to an individual or group. Examples may include not listening, inappropriate language or actions, or disrupting an activity.

The series of interventions for basic behaviors is:

1. **NOTIFICATION:** The camper will be notified that the behavior demonstrated is not in keeping with the behavior expectations.
2. **CAMPER/COUNSELOR DISCUSSION:** If the behavior continues beyond the initial notification or a similar behavior occurs the counselor and camper will talk about what is happening, why it is happening, and how the camper can try something different to make sure it does not happen again.
3. **LOGICAL CONSEQUENCES:** Upon seeing a behavior for a third time the camper will experience a logical consequence. Logical consequences are generally short-term and directly related to the guideline that is being stretched.
4. **CAMP LEADER:** A Camp Leader will speak with the camper and may initiate a phone call to a family member. It may be necessary to implement a one-day suspension in which the camper will be picked up immediately .

5. **CHILD GUIDANCE PLAN:** Continued behaviors will require a meeting with a parent or guardian, camper, and camp director. A Child Guidance Plan, acceptable to all three parties, will be designed and include an outline of inappropriate behaviors and consequences.

ADVANCED BEHAVIORS are defined as words or actions that are an immediate threat or danger to an individual or group. Examples may included by are not limited to aggressive physical or verbal exchanges, teasing, bullying, continually taking away from the enjoyment of the group, or possession of alcohol, drugs, tobacco, or weaponry.

The series of interventions for advanced behaviors is:

1. **NOTIFICATION:** A Camp Director will discuss the situation with the camper and then contact the parent or guardian and explain what is happening.
2. **SUSPENSION:** During the phone call the length of the suspension will be determined. Suspensions are effective immediately and the parent or guardian must send someone to pick up the camper. Campers suspended for Advanced Behaviors are not permitted to ride the bus.
3. **CHILD GUIDANCE PLAN:** Prior to returning to camp a meeting with a parent or guardian, camper, and camp director must occur. A Child Guidance Plan, acceptable to all three parties, will be designed and include and outline of appropriate behaviors and expectations and consequences should those not occur.

Special Notes

TERMINATION may result from extreme behavior situations, 3 or more behavior incidents or a determination by the Camp Director that the program is not a healthy or positive fit for the child.

CONFIDENTIALITY protects our campers and families. Staff will not release information about campers to anyone but the parent, guardian or appointed family member of that camper.

DISCIPLINE REPORTS may be sent home with the camper for situations that do not warrant a phone call but that a family member should be aware of or if we cannot contact a family member by day's end.

Physical and emotional safety is essential to the Behavior Policy. Campers will not be deprived of food, water, or bathroom. They will not be physically or verbally humiliated. Whenever possible, behavior guidance will occur away from other campers. Campers and family members will be treated respectfully in all situations.

OUR PROMISE TO YOU

- All staff are thoroughly screened to ensure that they are suited to work with children.
- All staff are trained in the prevention of child abuse and how to report any suspicion of abuse.
- Parents may visit-unannounced and at any time- any program in which their child participates.
- Staff will never be alone with a single child where they cannot be observed by others.
- Staff will never leave a child unsupervised.
- Staff will make sure the restroom is not occupied by suspicious or unknown individuals before allowing children to use the facilities and staff will follow the "Rule of Three".
- Abuse and bullying are never tolerated at the YMCA.
- Staff will respond to children with respect and treat all children with equality regardless of sex, race, religion, culture, economic status, or disability.
- Staff will not be alone with children they meet in YMCA programs outside the YMCA.
- Staff will never release children to anyone other than those authorized by the parent or guardian.
- Staff will be caring, honest, respectful and responsible.



Stay on top of all the activities going on at camp and like us on Facebook at:
YMCA Camp Fuller!