

## Class Descriptions

All of the below classes will focus on building confidence, flexibility, and improving agility, while focusing on the technique. Age requirements must be met by September 1, 2018.

### **Music Medley: Age 18 months-2 years**

Introduction to music and movement through games and age appropriate activities; in this class children learn independence while focusing on developing their fine and gross motor skills.

### **Creative Movement: Age 3-4 years**

Introduction to dance through imagination and self-expression; this class is designed to develop coordination, rhythm, and flexibility, and also explore the many ways of movement through imagination. Introduction to music and movement through games and age appropriate activities; in this class children learn independence while focusing on developing their fine and gross motor skills. Some focus on tumbling and introduction to basic ballet movements and technique.

### **Combo II: Pre-K & Kindergarten (Ballet & Tap)**

Introduction to the fundamental aspects of dance, including music and movement; children will learn basic tap and ballet steps, while focusing on fine and gross motor skill development, confidence, agility, and flexibility.

### **Combo III: 1<sup>st</sup> & 2<sup>nd</sup> Grade (Ballet, Tap, & Jazz)**

Further introduction to the movements learned in Combo II and the fundamental aspects of dance, including music and movement. Children will learn basic tap and ballet steps, while focusing on fine and gross motor skill development, confidence, agility, and flexibility. This class also introduces Jazz.

### **Acro: Pre-K & Up**

This class is ideal for children interested in tumbling. Children in this class will learn basic through advanced floor tumbling skills. Dancers will learn confidence, agility, and flexibility.

### **Ballet/ Pre-Pointe/ Pointe: 3<sup>rd</sup> Grade & Up**

Ballet is the foundation of all dance forms. Its meticulous attention to technical detail makes it for any serious dancer. This concentrates on proper technique and body alignment. Children enrolled will learn classical ballet technique, which will improve balance, grace, strength and flexibility. The class will also focus on teaching correct technique and terminology and include instruction at the barre, center, and across the floor. Children interested in Pre-Pointe/ Pointe must have Directors permission.

### **Company Classes: 1<sup>st</sup> Grade & Up**

These classes require director approval and are traditional invite only. Students enrolled in these classes will perform at community events and competitions during the dance season.

### **Dance Sampler: 3<sup>rd</sup> - 5<sup>th</sup> Grade**

This is a combination class of Jazz/Hip Hop, Lyrical & Acro. Please see specific class description for details.

### **Hip Hop: 3<sup>rd</sup> Grade & Up**

Children will learn to move around to the hit music, have fun, and be energetic. Children will learn age-appropriate hip hop skills, such as isolations.

### **Jazz: 3<sup>rd</sup> Grade & Up**

Children enrolled will have a fast-paced, fun-filled dance class incorporating the technique of ballet with contemporary music and dance styles. Dancers will learn confidence, agility, and flexibility.

### **Lyrical: 3<sup>rd</sup> Grade & Up**

Similar to ballet with some jazz movements; graceful, flowing movements put to music with lyrics. Dancers will learn confidence, agility, and flexibility.

### **Tap: 3<sup>rd</sup> Grade & Up**

In this class the students wear special shoes to tap out rhythmical variations with their heels and toes. Our classes teach proper terminology and a natural progression of steps. Dancers will learn confidence, agility, and flexibility.

### **Hip Hop & Lyrical: Kindergarten-2<sup>nd</sup> Grade**

Introduction to hip hop and lyrical

