

PROGRAM POLICIES

- Prime Time is for family members only and is free of charge. Families may sign in children six weeks to six years old; X-Time families sign in children 7 years to 11 years old. In the event this program needs to be closed for other YMCA events notices will be posted.
- If your child has a problem adjusting to Prime Time, we will make every effort to calm and comfort your child. We will ask parents to attend to their child if unfavorable behavior persists beyond 15 minutes.
- If your child is ill with a cold, cough, fever and/or runny nose, please keep your child home. If your child is absent from school for any reason, please do not bring your child to Prime Time or X-Time. If your child develops a communicable disease, please inform Y Staff so we can notify other parents.
- If your child's school is due to health reasons, please keep them home from YMCA programs.
- Parents/Guardian must remain on the facility grounds while participating in Prime Time. Parents jogging outside of the facility must leave a cell phone number with the Prime Time staff.
- Children displaying unacceptable behavior will receive an age appropriate time out from their activity. Staff will inform parents if this situation occurs and will work with you to prevent future incidents. Our staff will strive to nurture individual character by teaching the YMCA Character Development values of caring, honesty, respect, and responsibility.

The West Bay Family YMCA handles most discipline situations by helping children to develop problem-solving skills by providing positive reinforcement and by redirection. The Prime Time Program adheres to three basic guidelines when disciplining children:

1. Discipline should focus on the expected, appropriate behavior rather than the inappropriate behavior.
 2. The objective of the staff should be to instruct rather than to criticize.
 3. Discipline is a process of teaching, learning and positive reinforcement.
- Additional information is available upon request.

***West Bay Family YMCA
7540 Post Road
North Kingstown, RI 02852
401-295-6501***

West Bay Family YMCA

Prime Time and X-Time

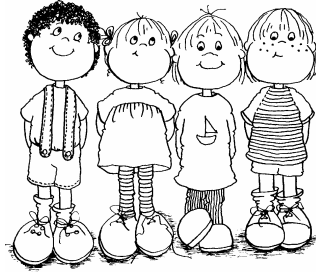
Member Guide



We build strong kids, strong families, strong communities.

Welcome to Prime Time and X-Time

Welcome to the Prime Time and X-Time Programs at the West Bay Family YMCA. We are proud to offer this essential member service to those with family memberships. These programs are designed to allow the entire family to utilize the Y at the same time. Prime Time and X-Time are more than just babysitting. We provide a fun-filled learning environment that involves your child in structured activities: arts and crafts, sports, games, the Air Bounce and other interactive activities. We also have an area for children to do their homework. Please see our monthly calendar for scheduled activities.



HOURS OF OPERATION

PRIME TIME	X-TIME
6 weeks to 6 years	7 years to 11 years old
Monday – Thursday 8:30 am – 12:30 pm 3:30 pm – 7:30 pm	Monday – Thursday 3:30 pm – 7:30 pm
Friday 8:30 am – 12:30 pm 3:30 pm – 7:00 pm	Friday 3:30 pm – 7:00 pm
Saturday 8:00 am – 1:00 pm	Saturday 8:00 am – 1:00 pm

GENERAL INFORMATION

- We suggest that when using Prime Time for the first time, you visit and play with your child in the Prime Time Room for at least 20 minutes before leaving your child, especially if you are a parent of a young child. Our goal is to make your child feel comfortable with the room and the Y Staff. Children must be at least 6 weeks of age to participate in Prime Time. We will also ask that you fill out a Child Information Form and notify our staff of any changes.
- Parents must remain in the building while their children participate in Prime Time and X-Time.

- Our Prime Time and X-Time Programs are very popular. To ensure the safety of all children, we must enforce a 2-hour maximum time limit.

These guidelines are based on studies from the YMCA of the USA considering issues of attention span, hunger and changing needs.

6 weeks to 1 year	1.0 hour
1 to 2 years	1.5 hours
2+ years	2.0 hours

All family members and children participating in Prime Time must wear an I.D. bracelet. On the child's I.D. bracelet, please print clearly your child's name, age and hour of arrival. On the adult's bracelet, please print your last name and arrival time. When picking up your child, please sign out with your signature and time. In case of lost bracelets, notify staff immediately. X-Time children will receive their own badge to wear. Parents will sign their children in, but will not be required to wear a bracelet.

- Please have your child arrive in a clean diaper or have older children use the bathroom before you bring them to Prime Time. Based on health and safety regulations, we do not change diapers. If a child needs a diaper change, we will locate the parent. Older children will be escorted to the bathroom as needed.
- Due to the increasing number of children with food allergies, children are not allowed to bring any food. Please remember the children are only with us for a very short time. Children are allowed to bring water.
- Please mark personal belongings such as jackets, cups, bottles and diaper bags with your child's name prior to arrival. Please do not bring personal toys or games into Prime Time. We have a great assortment of toys and games.
- At the West Bay Family YMCA, our programs are designed to meet national standards set by:
 - The YMCA of the USA
 - Rhode Island Department of Children, Youth & Families
 - National Association for the Education of Young Children
 - Rhode Island Department of Education
 - American Camping Association
 - These standards dictate maximum child-to-staff ratios to assure safe and appropriate participation.
- It is our intent that all members have the opportunity to participate in our programming with enjoyment and success. If modifications are needed to insure this goal, please address your concerns with Heidi Morris, Family Program Director at 295-6501 ext.105.