

NEWMAN YMCA SWIM LESSONS SCHEDULE FALL 2017 Sept 9-November2

ADULT STROKE INTRODUCTION

[1:8]
SATURDAY
8:15-9:00
9:45-10:30

PARENT/CHILD WATER DISCOVERY

(Ages 6 mo-3yrs) [1:10]
SATURDAY
9:00-9:30
11:00-11:30

TUESDAY
10:30-11:00

PARENT/CHILD WATER EXPLORATION

(Ages 6 mo-3yrs) [1:10]
SATURDAY
9:00-9:30
11:00-11:30

TUESDAY
10:30-11:00

PRESCHOOL WATER ACCLIMATION

(Ages 3-5) Formerly Preschool 1 [1:5]
SATURDAY
9:00-9:30
9:40-10:10
11:00-11:30

MONDAY
10:30-11:00
4:30-5:00

TUESDAY
10:30-11:00
4:50-5:20
5:10-5:40

THURSDAY
4:10-4:40
5:20-5:50

PRESCHOOL WATER MOVEMENT

(Ages 3-5) Formerly Preschool 2 [1:5]
SATURDAY
9:00-9:30
9:40-10:10
11:00-11:30

MONDAY
10:30-11:00
4:30-5:00

TUESDAY
10:30-11:00
4:10-4:40
5:10-5:40

THURSDAY
4:10-4:40
5:20-5:50

PRESCHOOL WATER STAMINA

(Ages 3-5) Formerly Preschool 3[1:5]
SATURDAY
9:00-9:30
10:20-10:50
11:00-11:30

MONDAY
11:10-11:40
4:30-5:00

TUESDAY
11:10-11:40
4:10-4:40
5:10-5:40

THURSDAY
4:10-4:40
5:10-5:40

PRESCHOOL STROKE INTRODUCTION

(Ages 3-5) Formerly Preschool 4 [1:5]
SATURDAY
10:20-10:50

THURSDAY
5:20-5:50

YOUTH STROKE DEVELOPMENT

(Ages 6-12) [1:6]
SATURDAY
9:05-9:50

MONDAY
7:05-7:50

TUESDAY
5:10-5:55

YOUTH STROKE MECHANICS

(Ages 6-12) [1:6]
SATURDAY 9:05-9:55

YOUTH WATER ACCLIMATION

(Ages 6-12) [1:6]
SATURDAY
9:10-9:55

TUESDAY
5:05-5:50
5:05-5:55

THURSDAY
4:10-4:55

YOUTH WATER STAMINA

(Ages 6-12) [1:6]
SATURDAY
9:10-9:55
10:05-10:50

TUESDAY
5:05-5:50

THURSDAY
5:05-5:50

YOUTH WATER MOVEMENT

(Ages 6-12) [1:6]
SATURDAY
9:10-9:55

TUESDAY
4:10-4:55
5:05-5:55

THURSDAY
4:10-4:55

YOUTH STROKE INTRODUCTION

(Ages 6-12) [1:6]
SATURDAY
9:10-9:55
10:05-10:50

TUESDAY
5:05-5:50

THURSDAY
5:05-5:50

\$118 Nonmember \$68 Member

Minimum of 3 participants needed to run class