



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KENT COUNTY YMCA

Aquatics Schedule

September-October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 6:00-7:40 AM	Lap/Leisure full pool 6:00-8:40 AM
Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Water Fitness 7:45-8:45 AM	
Water Fitness shallow & Deep water 9:15-10:00 AM		Water Fitness shallow & Deep water 9:15-10:00 AM	Swim Lessons one lap lane 9:25-10:30 AM	Water Fitness shallow & Deep water 9:15-10:00 AM	Swim Lessons 8:50-11:35 AM	Adult Swim Lessons 8:45-9:30 AM
Swim Lessons one lap lane 10:05-11:10 AM	Swim Lessons one lap lane 9:25-11:05 AM	Swim Lessons one lap lane 10:05-11:10 AM	Family Swim 1 lap lanes 10:35-11:05 AM	Swim Lessons One lap Lane 10:05-10:35 AM	Lap/Leisure 11:40-12:40 PM	Swim Lessons 9:35-12:20 PM
Lap/Leisure full pool 11:15-1:10 PM		Lap/Leisure full pool 11:15-1:10 PM		Swim lessons 10:40-11:10 AM	Family Swim 12:45-1:45 PM	
Water Fitness Water Works 1:15-2:00 PM	Lap/Leisure full pool 11:15-2:15 PM	Water Fitness Water Works 1:15-2:00 PM	Lap/Leisure full pool 11:15-2:30 PM	Lap/Leisure full pool 11:15-1:10 PM	Family Swim 2:00-3:00 PM	Lap/Leisure full pool 12:25-1:30 PM
Family Swim one lap lane 2:05-2:40 PM			Family Swim 2:40-3:30	Water Fitness Water Works 1:15-2:00 PM	Private Swim Lessons 3:00-3:30 PM	
	Family Swim 2:20-3:25 PM	Family Swim One lap Lane 2:05-3:25 PM				Family Swim 1:35-2:35 PM 2:45-3:45 PM 3:55-4:55 PM
				Swim Lessons 2:05-2:35 PM	Swim Team 3:30-5:00 PM	
Swim Lessons 2:45-6:15 PM			Swim Team 3:45-5:45 PM	Family Swim 2:40-3:20 PM	Lap/Leisure 5:15-6:45 PM	Swim Team 5:00-6:45 PM
	Swim Team 3:30-7:00 PM	Swim Lessons 3:30-5:40 PM				
			Swim Lessons 5:55-7:15 PM			
Family Swim 6:20-7:45 PM	Family Swim 7:05-7:55 PM	Family Swim 5:45-6:45	Family Swim 7:20-7:55 PM	Swim Team 3:30-7:00 PM	<p>UPDATED 8/28/17</p> <p>THIS SCHEDULE IS SUBJECT TO CHANGE</p>	
Lap Swim 8:00-8:45 PM	Water Fitness 8:00-8:45 PM	Swim Team 6:50-8:50 PM	Water Fitness 8:00-8:45 PM	Family Swim 7:05-8:30 PM		
Lap/Leisure full pool 8:50-9:45 PM	Lap/Leisure full pool 8:50-9:45 PM	Lap/Leisure full pool 8:50-9:45 PM	Lap/Leisure full pool 8:50-9:45 PM	Lap/Leisure full pool 8:35-9:45 PM		

PLEASE NOTE: In accordance with established policies, in the case of inclement weather, i.e., thunder or lightning, the pool will be closed for 30 minutes following the last sound of thunder. Please contact the YMCA prior to your classes if the weather is questionable to confirm if the pool is open. Due to safety ratios and ongoing class enrollment, the YMCA can not accommodate make-ups for missed classes.