



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KENT COUNTY YMCA

Swim Lesson Schedule

November-December

Classes meet once weekly at the designated day and time. This schedule is subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WATER DISCOVERY PARENT INFANT (30 MIN)	10:40 AM	9:25 AM	10:40 AM		10:05 AM	9:40 AM	9:35 AM
WATER EXPLORATION PAREN CHILD (30 MIN)	10:05 AM 4:20 PM	10:00AM	10:05 PM 4:20 PM		10:40 AM	11:05 AM	11:00 AM
WATER ACCLIMATION (30 MIN)	10:05 AM 2:45 PM 4:20 PM 5:45 PM	9:25AM 10:35 AM	10:05 AM 4:20 PM	9:25 AM 5:55 PM		9:40 AM 11:05 AM	9:35 AM 11:00 AM
WATER MOVEMENT (30 MIN)		10:00AM				9:40 AM	9:35 AM
	10:40 AM 2:45PM 4:20 PM 5:45 PM	10:35 AM	10:40 AM 4:20 PM	10:00 AM 5:55 PM		11:05 AM	11:00 AM
WATER STAMINA: <u>PRESCHOOL</u> (30 Min)			4:20 PM	5:55 PM		9:40 AM 11:05 AM	9:35 AM 11:00 AM
	2:45PM 4:20 PM 5:45 PM						
WATER STAMINA: <u>YOUTH</u> (45 MIN)	3:30 PM 4:55 PM		3:30 PM 4:55 PM	6:30 PM		8:50 AM 10:15 AM	10:10 AM 11:35 AM
YOUTH STROKE INTRODUCTION (45 MIN)	3:30 PM 4:55 PM		3:30 PM 4:55 PM	6:30 PM		8:50 AM 10:15 AM	10:10 AM 11:35 AM
YOUTH STROKE DEVELOPMENT (45 MIN)	3:30 PM 4:55 PM		3:30 PM 4:55 PM	6:30 PM		8:50 AM 10:15 AM	10:10 AM 11:35 AM
YOUTH STROKE MECHANICS (45 MIN)	4:55 PM		4:55 PM	6:30 PM		8:50 AM 10:15 AM	10:10 AM 11:35 AM

PLEASE NOTE: In accordance with established policies, in the case of inclement weather, i.e., thunder or lightning, the pool will be closed for 30 minutes following the last sound of thunder. Please contact the YMCA prior to your classes if the weather is questionable to confirm if the pool is open. Due to safety ratios and ongoing class enrollment, the YMCA can not accommodate make-ups for missed classes. Refunds will not be given for classes missed.