



KENT COUNTY YMCA WEST BAY FAMILY YMCA

FOR YOUTH DEVELOPMENT®

Youth Gymnastics Schedule

March 1 – April 30, 2017 (Session 2) (No classes 3/11/17, 4/17/17-4/23/17)

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY*	SATURDAY*	
GYMNASTICS INSTRUCTION	Parent/Child Tumbling Tots Ages 1.5 –3 (1/2 Hour)	11:00 AM	11:00 AM** (WB)			
	Preschool Gymnastics Ages 3-4 (35 minutes)	10:20 AM	10:20 AM**(WB)	5:30 PM** (WB)	8:00 AM 8:35 AM	
	Kinder Gymnastics 1 Beginner Ages 4½-6 (45 minutes)	9:30 AM 3:30 PM	9:30 AM**(WB)	4:00 PM**(WB)		9:15 AM
	Kinder Gymnastics 2 Intermediate Ages 4½-6 (45 minutes)		3:45 PM			10:00 AM
	Kinder Gymnastics 3 Advanced* Ages 4½-6 (45 minutes)				4:00 PM	
	Youth Tumbling ** (WB) Ages 6 and up (45 minutes)			4:45 PM **(WB)		
	Youth Gymnastics 1 Ages 6 and up (60 minutes)					10:45 AM
	Youth Gymnastics 2 Ages 6 and up (60 minutes)					11:45 AM
	Youth Gymnastics 3* Ages 6 and up (60 minutes)					12:45 PM
	Youth Gymnastics 4* Ages 6 and up (60 minutes)				4:45 PM	
	Youth Gymnastics 5+* Ages 6 and up (1 hr 45 minutes)					4:15 PM
	GYMNASTICS TEAMS*	Recreational Team Ages 7 and up (1 hr 45 minutes)		6:15 PM		
		Level 1 Pre-Team Ages 4-7 (1 hr 15 minutes)	4:15 PM			
		Level 2 Team Ages 5-8 (2 hours)		4:30 PM		2:15 PM
Level 3 Team Ages 6-11 (2 hours)		5:30 PM			2:15 PM	
Level 4,5,6 Team Ages 8 and up (2 hr 45 minutes)					5:30 PM	

Our instructors, **Danielle Desrosiers** and **Laura Soccia-Almeida**, are professional members of USA Gymnastics & are safety certified through USA Gymnastics. Please contact the instructors about classes that indicate prior approval is required: kcygymnastics@qpymca.org

* Instructor permission is required to participate at this level.