



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KENT COUNTY YMCA

Break Week Schedule

December 26th—January 1st

MONDAY 12/26	TUESDAY 12/27	WEDNESDAY 12/28	THURSDAY 12/29	FRIDAY 12/30	SATURDAY 12/31	SUNDAY 1/1
Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 5:00-8:20 AM	Lap/Leisure full pool 6:00-7:40 AM	
					Water Fitness 7:45-8:45 AM	
Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Water Fitness 8:25-9:10 AM	Family Swim 8:50-11:00 AM	
Water Fitness shallow & Deep water 9:15-10:00 AM	Lifeguard class 2 lap lanes 9:15- 11:05	Water Fitness shallow & Deep water 9:15-10:00 AM	Family Swim 2 lap lanes 9:15- 11:10	Water Fitness shallow & Deep water 9:15-10:00 AM		
Family Swim 1 lane open 10:05-11:10		Family Swim 1 lane open 10:05-11:10		Family Swim 1 lane lifeguard class 10:05-11:10		
Lap/Leisure full pool 11:15-1:10 PM	Lap/Leisure full pool 11:15-2:15 PM	Lap/Leisure full pool 11:15-1:10 PM	Lap/Leisure full pool 11:15-1:10 PM	Lap/Leisure full pool 11:15-1:10 PM	Lap/Leisure full pool 11:05-12:40 PM	
Water Fitness Water Works 1:15-2:00 PM		Water Fitness Water Works 1:15-2:00 PM	Schools Out One lane guard class 1:15-2:15 PM	Water Fitness Water Works 1:15-2:00 PM	Family Swim 12:45-1:45 PM	Lap/Leisure full pool 12:00-2:00 PM
Family Swim 2:05-4:50 PM	Schools Out 2:20-3:20	Schools Out 2:05-3:05	Family Swim one lane guard class 2:20-3:30 PM	Schools Out 2:05-2:35 PM	Family Swim 2:00-3:00	Family Swim 2:05-3:40 PM
		1/2 Lap Swim 1/2 Lifeguard Class 3:10-4:40 PM	Swim Team 3:45-5:45 PM	Lifeguard Class 3:10-4:25 PM	Lap/Leisure full pool 3:05-3:55 PM	
	Swim Team 3:30-7:00 PM			Swim Team 4:00-7:00 PM	Swim Team 4:00-5:00 PM	
Lap Swim 5:00-6:20 PM		Family Swim 4:45-6:45 PM	Lap Swim 5:50-7:15 PM		Lap/Leisure 5:05-6:45 PM	
Family Swim 6:25-7:55 PM	Family Swim 7:05-7:55 PM	Swim Team 6:50-8:50 PM	Family Swim 7:20-7:55 PM	Family Swim 7:00-8:30 PM		
	Water Fitness 8:00-8:45 PM		Water Fitness 8:00-8:45 PM			
Lap/Leisure full pool 8:00-9:45	Lap/Leisure full pool 8:50-9:45	Lap/Leisure full pool 8:50-9:45	Lap/Leisure full pool 8:50-9:45	Lap/Leisure full pool 8:35-9:45		

**THIS SCHEDULE IS
SUBJECT TO
CHANGE**

PLEASE NOTE: In accordance with established policies, in the case of inclement weather, i.e., thunder or lightning, the pool will be closed for 30 minutes following the last sound of thunder. Please contact the YMCA prior to your classes if the weather is questionable to confirm if the pool is open. Due to safety ratios and ongoing class enrollment, the YMCA can not accommodate make-ups for missed classes.