









Families Play FREE Week!

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

The East Side/Mt Hope YMCA is inviting families in our community to come and PLAY for FREE!

DECEMBER 2016

From Monday 12/26-Friday 12/30 families are invited to try some of the great programs available at the Y! this includes classes (space available), fitness center and/or pool.

 NEW!!!	Monday 12/26	Tuesday 12/27	Wednesday 12/28	Thursday 12/29	Friday 12/30	
NEW PROGRAMS!!! Try for free this week then sign up for the January/February session! <i>Pre-registration required!</i>	1:00-1:45pm Little Scientists 	10-10:30am Zumba Kids  1:00-1:45pm Short Sports	11:00-11:45am Holidays Around the World  1:00-1:45pm Messy Arts	11:00-11:45am Holidays Around the World 	11:00-11:45am Holidays Around the World 	
FAMILY SWIM TIMES	10:30am-12:00 pm 1:00pm-4:00pm 6:00-7:15pm Family Swim	10:30am-12:00 pm 1:00pm-5:00pm Family Swim	10:30am-12:00 pm 1:00 -4:00pm 6:00-7:15pm Family Swim	10:30am-12:00 pm 1:00pm-5:00pm Family Swim	10:30am-12:00 pm 1:00pm-4:00pm 6:00-7:15pm Family Swim	
Kids Care <i>Parents must remain on the Premises!</i>	9am-12:00pm 1:00-4:00 pm 4:15-7:30pm Kids Care	9am-12:00pm 1:00-4:00 pm 4:15-7:30pm Kids Care	9am-12:00pm 1:00-4:00 pm 4:15-7:30pm Kids Care	9am-12:00pm 1:00-4:00 pm 4:15-7:30pm Kids Care	9am-12:00pm 1:00-4:00 pm 4:15-7:30pm Kids Care	

Families Play Free Week participants will be asked to **complete and sign a waiver form** and supply a **photo id** prior to participation.

You can always find the most current class schedules on our website at www.ymcagreaterprovidence.org

Program Descriptions

Holiday's Around the World

Join us for a celebration of Holidays Around the World. Try different traditions and end with an ice cream sundae bar with flavors from around the world!

Kids Care

We offer a safe supervised, fun filled option for children ages 6 weeks to 11 years so the whole family can enjoy the YMCA.

Little Scientists

This exciting new program encourages science play by presenting interactive fun and engaging science experiments, activities and projects. Ages 4-6

Messy Arts

Messy Arts is an opportunity to explore your artistic, creative, and curious side. This 45 minute class will offer opportunities to be creative with many different mediums such as paint, clay, found objects, tiles, beads, fabric, and more. Ages 4-6

Short Sports

This program is for any child that can't get enough sports in his/her life! Your child will learn the basic skills in many popular sports including basketball, kickball and soccer while focusing on the importance of sportsmanship through our core values of caring, honesty, respect and responsibility.

Ages 4-6